

# Forestdale Community Business Directory



October 2018 Edition

This directory is updated every six months in October and April.  
To request a listing in the next edition, please email [info@forestdale.com.au](mailto:info@forestdale.com.au)



# Useful Community Contacts

<b>Community Services</b>			
<b>Energex (power outages)</b>	<a href="http://www.energex.com.au/home/power-outages">www.energex.com.au/home/power-outages</a>	13 62 62	
<b>Queensland Urban Utilities (water leaks on pavements/roads)</b>	<a href="http://www.urbanutilities.com.au/faults-and-interruptions/report-a-leak">www.urbanutilities.com.au/faults-and-interruptions/report-a-leak</a>	13 23 64	
<b>MOJO V HAIR</b>		Hair & Beauty	15
<b>Music Education Centre</b>		Activities	6
<b>Nuvay</b>		Landscaping	19
<b>Pacific Tyrepower Slacks Creek</b>		Automotive	6
<b>Park Ridge Animal Hospital</b>		Veterinary Clinics	24
<b>Pedders Suspension</b>		Automotive	7
<b>Pete's Gardening &amp; Maintenance Services</b>		Gardening & Mowing	13
<b>Pool Safe Queensland</b>		Swimming Pools	23
<b>Pure Forestdale Honey</b>		Bee Keepers	7
<b>Queensland Chiropractic Group</b>		Health & Wellbeing	17
<b>RG Lawn Care Services</b>		Gardening & Mowing	13
<b>Ruth Christensen</b>		Tutoring	24
<b>Salon 61</b>		Hair & Beauty	15
<b>Schellberg Constructions</b>		Building & Construction	8
<b>Security Solutions (Australasia) Pty Ltd</b>		Home Security	19
<b>Shed Building / Demolition</b>		Building & Construction	9
<b>Sit-Rite</b>		Health & Wellbeing	18
<b>South East Tile &amp; Stone</b>		Tiling	23
<b>Suburban Law</b>		Legal Services	19
<b>Susan's Quilting Shed</b>		Activities	6
<b>The Fun Spaceship (Indoor Playground)</b>		Childcare Services	5
<b>Torque Money</b>		Financial Services	12
<b>Tupperware Consultant</b>		Homewares	19
<b>TWT Concrete Pumping</b>		Concrete Pumping	11
<b>Vanquip</b>		Automotive	7
<b>Virtus Homes</b>		Building & Construction	9
<b>Wilson Design Drafting</b>		Specialist Services	23

<b>Police Link (non-emergency)</b>	
Browns Plains Station	07 3892 7100
<a href="http://www.police.qld.gov.au">www.police.qld.gov.au</a>	13 14 44
<a href="http://www.facebook.com/QueenslandPolice">www.facebook.com/QueenslandPolice</a>	
Use for assistance in non life threatening situations. Always call <b>Triple Zero in an emergency</b>	

<b>Chair &amp; Table Hire</b>	
Grace Zanchetta	0438 115 173
\$1 per chair and \$2 per table	
For use in Forestdale only	
Pick up only - no delivery available	

## Government Services

<b>Member of State Parliament - Algester Electorate</b>	
Leeanne Enoch MP	07 3737 2110
<a href="mailto:algester@parliament.qld.gov.au">algester@parliament.qld.gov.au</a>	<a href="http://leeanneenoch.com">http://leeanneenoch.com</a>
<a href="http://www.facebook.com/leeanneenochqld">www.facebook.com/leeanneenochqld</a>	
Shops 3 & 4, 137 Parkwood Drive, Heathwood	

## Weather Radar & Updates

<a href="http://www.bom.gov.au/qld">www.bom.gov.au/qld</a>	1300 659 219
<a href="https://qldtraffic.qld.gov.au">https://qldtraffic.qld.gov.au</a>	13 19 40
07 5561 3800 (manned 24/7)	

## Wildlife

<b>Karen Rea</b>	0412 665 297
<b>Rebel</b>	07 3800 9961
<b>Koala Ambulance</b>	0412 429 898 07 3299 1032
<a href="http://www.eho.qld.gov.au/wildlife/koala/care/koala-ambulance.html">www.eho.qld.gov.au/wildlife/koala/care/koala-ambulance.html</a>	
<b>Snake Catcher 24hrs / 7 days</b>	<b>Bryan</b> 0413 028 081
<a href="http://www.snakecatchers.com.au">www.snakecatchers.com.au</a>	<b>Steph</b> 0421 455 077

## Forestdale Committee 2017/2018

### Forestdale NHW Inc

<b>Area Coordinator</b>	Jocelyn Marentis	0438 781 003
<b>Deputy Area Coordinator</b>	Greg Broad	0431 708 075
<b>Treasurer / Newsletter</b>	Angela Arkadieff	0406 751 429
<b>Secretary</b>	vacant	



# Contents

Page	Page
<u>Activities</u>	4-6
<u>Automotive</u>	6-7
<u>Bee Keepers</u>	7
<u>Building &amp; Construction</u>	8-9
<u>Cabinet Making</u>	9
<u>Childcare Services</u>	9-10
<u>Cleaning</u>	10
<u>Concrete Cutting</u>	10
<u>Concrete Pumping</u>	11
<u>Electrician</u>	11
<u>Equipment Hire &amp; Sales</u>	12
<u>Financial Services</u>	12
<u>Gardening &amp; Mowing</u>	12-13
<u>Gates &amp; Fencing</u>	13
<u>Glazing</u>	13-14
<u>Hair / Beauty</u>	14-15
<u>Health &amp; Wellbeing</u>	15-18
<u>Holidays</u>	18
<u>Home Security</u>	18-19
<u>Homewares</u>	19
<u>Landscaping</u>	19
<u>Legal Services</u>	19
<u>Painters &amp; Decorators</u>	20
<u>Pet Care</u>	20
<u>Plumbing</u>	21
<u>Real Estate</u>	21-22
<u>Signage</u>	22
<u>Specialist Services</u>	22-23
<u>Swimming Pools</u>	23
<u>Tiling</u>	23
<u>Tree Services</u>	2
<u>Tutoring</u>	24
<u>Veterinary Clinics</u>	24

Elliott & Fyfe Concrete Cutting Service	Concrete Cutting	10
Porta-Sift Industries	Equipment Hire & Sales	12
Embellish Make Up & Tanning	Hair & Beauty	14
Fast Cut Qld Pty Ltd	Concrete Cutting	10
FIXZIT – Belby Electrical Services Pty Ltd	Electrician	11
Forestdale Golf Club	Activities	5
Forestdale Pet Care	Pet Care	20
Forestdale Tax Agents	Financial Services	12
Frog Glass Pty Ltd	Glazing	14
GDE Tree Services	Tree Services	23
Geological Data Design	Specialist Services	22
Gerhard's Cabinets & More	Cabinet Making	9
GlazMe	Hair & Beauty	14
Green Design	Building & Construction	8
Grubless Property Services	Cleaning	10
Guppy's Early Learning Centre	Childcare Services	10
GW & LJ Stretton Plumbing and Drainage	Plumbing	21
Helping Paws Veterinary Clinic	Veterinary Clinics	24
Heritage Park Entertainment Center	Childcare Services	5
Hi Tech Projects – Quality Builders	Building & Construction	8
Intrinsic Health and Rehab	Health & Wellbeing	16
Juice Plus	Health & Wellbeing	16
Kindermusik with Jillian Nicol	Activities	5
Kymboo Massage N Beauty	Health & Wellbeing	17
Lawn Mowing & Garden Services	Gardening & Mowing	12
Life Activated	Health & Wellbeing	17
Loan Gallery Finance Pty Ltd	Financial Services	12
Loganholme Security Services	Home Security	18
Louisa's Natural Therapies	Health & Wellbeing	17
Margaret J Clough	Activities	6

# Index of Listings

<b>Aikido Yoshinkan Southside Dojo</b>		<b>Activities</b>
<b>Location</b>	55 Scribner Ave, Forestdale	
<b>Contact Name</b>	Richard or Miki Diehm	
<b>Contact Name</b>	richard.diehm@gmail.com	
<b>Email Address</b>	<a href="https://aikidoyoshinkan.info">https://aikidoyoshinkan.info</a>	
<b>Website</b>		
<b>Facebook Page</b>	<a href="http://www.facebook.com/YoshinkanSouthsideMartialArts">www.facebook.com/YoshinkanSouthsideMartialArts</a>	

<b>Australian Rocketry</b>		<b>Activities</b>
<b>Location</b>	34 Blyth Court, Forestdale	
<b>Contact Name</b>	Blake Nikolic	
<b>Contact Name</b>		
<b>Email Address</b>	<a href="mailto:info@ausrocketry.com.au">info@ausrocketry.com.au</a>	
<b>Website</b>	<a href="https://ausrocketry.com.au">https://ausrocketry.com.au</a>	
<b>Facebook Page</b>	<a href="http://www.facebook.com/ausrocketry">www.facebook.com/ausrocketry</a>	
	<i>Rocketry products for consumers and education</i>	

<b>Brisbane International Bonsai School</b>		<b>Activities</b>
<b>Location</b>	n/a	
<b>Contact Name</b>	Tony Bebb	
<b>Contact Name</b>		
<b>Email Address</b>	<a href="mailto:tony_bebb@bigpond.com">tony_bebb@bigpond.com</a>	
<b>Website</b>	n/a	
<b>Facebook Page</b>	<a href="http://www.facebook.com/Brisbane-International-Bonsai-School-282207551911421">www.facebook.com/Brisbane-International-Bonsai-School-282207551911421</a>	

<b>Byrne It Up - Ink, Paper, Stamps</b>		<b>Activities</b>
<b>Location</b>	237 Forestdale Drive, Forestdale	
<b>Contact Name</b>	Kym Byrne	
<b>Contact Name</b>		
<b>Email Address</b>	<a href="mailto:dkbyrne@tpg.com.au">dkbyrne@tpg.com.au</a>	
<b>Website</b>	<a href="http://www.kymbyrne.stampinup.net">www.kymbyrne.stampinup.net</a>	
<b>Facebook Page</b>	<a href="http://www.facebook.com/kymbyrneink">www.facebook.com/kymbyrneink</a>	
	<i>Papercraft classes - cardmaking and scrapbooking/memory keeping. Day and evening classes. No experience needed. Come along for a cuppa and see what it's all about, learn something new. First class is free</i>	

<b>Business Name</b>	<b>Category</b>	<b>Page</b>
Acacia Ridge Pet Resort	Pet Care	20
Adam & Noah Early Learning College	Childcare Services	9
ADR Electrical	Electrician	11
Aikido Yoshinkan Southside Dojo	Activities	4
Al's Electrical	Electrician	11
All Properties Group	Real Estate	21
Amentco Sunstate Group	Home Security	18
Amz Fitness	Health & Wellbeing	15
Australian Rocketry	Activities	4
AVON Consultant	Hair & Beauty	14
Aztec Screens	Glazing	13
Bee Keeper (Paul Appleyard)	Bee Keepers	7
BodyStart Bowen	Health & Wellbeing	15
Brisbane Gates	Gates & Fencing	13
Brisbane International Bonsai School	Activities	4
Brisbane Trade Painters Pty Ltd	Painters & Decorators	20
Brita Ella with Scentsy	Health & Wellbeing	16
Browns Plains Real Estate	Real Estate	22
Browns Plains Veterinary Surgery	Veterinary Clinics	24
Byrne It Up - Ink, Paper, Stamps	Activities	4
Casada Constructions	Building & Construction	8
Catchpole Building Services	Building & Construction	8
Cats Country Club	Pet Care	20
Clifford Signs	Signage	22
CMAK Pty Ltd	Specialist Services	22
Comtech Plumbing and Gas	Plumbing	21
Crafted Property Agents   acreage life	Real Estate	22
Dan Stretton Plumbing	Plumbing	21
DoTerra Consultant	Health & Wellbeing	16
Dream Escapes	Holidays	18

**Ruth Christensen**

<b>Tutoring</b>
<b>Location</b> Forestdale
<b>Contact Name</b> Ruth Christensen
<b>Email Address</b> <a href="mailto:chris10sen@bigpond.com">chris10sen@bigpond.com</a>
<i>Experienced primary teacher available for private individual or small group tutoring – all subjects except Music, PE and Science. Preference for Years 4-7, but able to cater for years 2-3 as well. Very reasonable rates, negotiable based on frequency, time and number of tutes</i>

**Forestdale Golf Club**

<b>Activities</b>
<b>Location</b> Various
<b>Contact Name</b> Bruce Leggatt
<b>Mobile</b> 0481 994 069
<b>Office</b>
<b>Email Address</b> <a href="mailto:leggattbruce@gmail.com">leggattbruce@gmail.com</a>
<b>Website</b> <a href="http://www.forestdalegolf.com">www.forestdalegolf.com</a>
<b>Facebook Page</b> n/a

The Forestdale Social Golf Club plays at a variety of golf courses around Brisbane and the Gold Coast fortnightly from January to November. Our small committee organises the games and provides a comprehensive Game Schedule. All you have to do is turn up at the nominated time. No expensive membership fees of joining a golf club.

**Browns Plains Veterinary Surgery**

<b>Veterinary Clinics</b>
<b>Location</b> Shop 5 3276 Mt Lindesay Highway Browns Plains
<b>Contact Name</b> Nigel Thomas
<b>Email Address</b> <a href="mailto:bpvetsurgery@bigpond.com">bpvetsurgery@bigpond.com</a>
<b>Website</b> <a href="http://www.brownsplainsvet.com.au">www.brownsplainsvet.com.au</a>
<b>Facebook Page</b> <a href="http://www.facebook.com/brownsplainsvet">www.facebook.com/brownsplainsvet</a>
<i>Veterinary services – small boutique surgery providing all the vet needs for local pets.</i>

**Helping Paws Veterinary Clinic**

<b>Veterinary Clinics</b>
<b>Location</b> 3688 Mt Lindsay Hwy, Park Ridge (next to Produce Store)
<b>Contact Name</b> Dr Belinda Wright
<b>Email Address</b> <a href="mailto:helpingpawsvet@yahoo.com.au">helpingpawsvet@yahoo.com.au</a>
<b>Website</b> <a href="http://www.localvet.com.au/HelpingPawsVetClinic/meet-our-team.aspx">www.localvet.com.au/HelpingPawsVetClinic/meet-our-team.aspx</a>
<b>Facebook Page</b> <a href="http://www.facebook.com/helpingpawsveterinaryclinic">www.facebook.com/helpingpawsveterinaryclinic</a>
<i>Veterinary services</i>

**Park Ridge Animal Hospital**

<b>Veterinary Clinics</b>
<b>Location</b> 3626-3632 Mount Lindesay Hwy, Park Ridge
<b>Contact Name</b> Nigel Thomas
<b>Email Address</b> <a href="mailto:admin@parkridgevet.com.au">admin@parkridgevet.com.au</a>
<b>Website</b> <a href="http://www.parkridgevet.com.au">www.parkridgevet.com.au</a>
<b>Facebook Page</b> <a href="http://www.facebook.com/Park-Ridge-Animal-Hospital-199766776711994">www.facebook.com/Park-Ridge-Animal-Hospital-199766776711994</a>
<i>Veterinary services</i>

**Kindermusik with Jillian Nicol**

<b>Activities</b>
<b>Location</b> 129 Browns Plains Road, Browns Plains
<b>Contact Name</b> Jillian Nicol
<b>Mobile</b> 0418 987 957
<b>Office</b>
<b>Email Address</b> <a href="mailto:musiceducation@optusnet.com.au">musiceducation@optusnet.com.au</a>
<b>Website</b> <a href="http://www.kindermusikwithjillian.com.au">www.kindermusikwithjillian.com.au</a>
<b>Facebook Page</b> <a href="http://www.facebook.com/kindermusikwithjillian">www.facebook.com/kindermusikwithjillian</a>

*Early Childhood Music Program. Classes for ages Newborn to 7 years.*

<b>Margaret J Clough</b>						
<b>Activities</b>						
<b>Location</b>	29 Feather Close, Forestdale					
<b>Contact Name</b>	Margaret Clough	<b>Mobile</b> 0419 661 105				
<b>Contact Name</b>		<b>Mobile</b>				
<b>Email Address</b>	<a href="mailto:mjclough@bigpond.com">mjclough@bigpond.com</a>	<b>Office</b> 07 3800 1109				
<b>Website</b>	n/a					
<b>Facebook Page</b>	n/a					
<i>Elite Level artistic roller skating coach, coaching all levels of artistic skating from beginner to World Class with proven track record at World Championships. Elite coaches are the highest qualified coaches in this sport in Australia. Based at: Revolutions Roller Sports Club Inc, Digi Roller Skating Rink, 40-44 Johnson Road, Hillcrest</i>						

  

<b>Music Education Centre</b>						
<b>Activities</b>						
<b>Location</b>	129 Browns Plains Road, Browns Plains					
<b>Contact Name</b>	Gavin and Jillian Nicol	<b>Mobile</b> 0432 937 766				
<b>Contact Name</b>		<b>Mobile</b>				
<b>Email Address</b>	<a href="mailto:musiceducation@optusnet.com.au">musiceducation@optusnet.com.au</a>	<b>Office</b> 07 3806 8011				
<b>Website</b>	<a href="http://www.musiceducationcentre.com.au">www.musiceducationcentre.com.au</a>					
<b>Facebook Page</b>	<a href="http://www.facebook.com/musiceducationcentre">www.facebook.com/musiceducationcentre</a>					
<i>Music School. Private Music Lessons for Kids Teens and Adults. Singing, Piano, Guitar, Bass, Drums, Clarinet, Saxophone, Flute, Violin, Trumpet, Trombone. Adult Choir every Friday Night. Kindermusik Classes for Newborn to 7 years.</i>						

  

<b>Susan's Quilting Shed</b>						
<b>Activities</b>						
<b>Location</b>	n/a					
<b>Contact Name</b>	Susan Bray	<b>Mobile</b> 0411 139 943				
<b>Contact Name</b>		<b>Mobile</b>				
<b>Email Address</b>	<a href="mailto:susan;bray@hotmail.com">susan;bray@hotmail.com</a>	<b>Office</b>				
<b>Website</b>	n/a					
<b>Facebook Page</b>	n/a					
<i>Long arm quilting and patchwork lessons. Can supply wadding for your quilt</i>						

  

<b>Pacific Tyrepower Slacks Creek</b>						
<b>Automotive</b>						
<b>Location</b>	49 Moss St, Slacks Creek					
<b>Contact Name</b>	Mark Manners	<b>Mobile</b>				
<b>Contact Name</b>		<b>Mobile</b>				
<b>Email Address</b>	<a href="mailto:slacks creek@tyrepower.com.au">slacks creek@tyrepower.com.au</a>	<b>Office</b> 07 3208 1400				
<b>Website</b>	<a href="http://www.facebook.com/Tyrepower-Slacks-Creek-280047042016231">www.facebook.com/Tyrepower-Slacks-Creek-280047042016231</a>					
<b>Facebook Page</b>	<a href="http://www.facebook.com/Tyrepower-Slacks-Creek-280047042016231">www.facebook.com/Tyrepower-Slacks-Creek-280047042016231</a>					
<i>Automotive Tyres and Balancing including Bus/Truck, (Not Motorbike) Servicing and Mechanical Repairs</i>						

**Specialist Services**

<b>Wilson Design Drafting</b>						
<b>Swimming Pools</b>						
<b>Location</b>	n/a					
<b>Contact Name</b>	Leon Wilson					
<b>Email Address</b>	<a href="mailto:info@wilsondd.com.au">info@wilsondd.com.au</a>					
<b>Website</b>	<a href="http://www.wilsondd.com.au">www.wilsondd.com.au</a>					
<b>Facebook Page</b>	<a href="http://www.facebook.com/Wilson-Design-Drafting-406013806417891">www.facebook.com/Wilson-Design-Drafting-406013806417891</a>					
<i>Mechanical drafting and design; 3D modelling, conveyors, machinery, detail drawings</i>						
<b>Pool Safe Queensland</b>						
<b>Tiling</b>						
<b>Location</b>	35 Archery Street, Forestdale					
<b>Contact Name</b>	Jeff Kesby					
<b>Email Address</b>	<a href="mailto:jeff.kesby@icloud.com">jeff.kesby@icloud.com</a>					
<b>Website</b>	<a href="http://www.poolsafegld.com.au">www.poolsafegld.com.au</a>					
<b>Facebook Page</b>	n/a					
<i>Swimming Pool Fence Safety Inspections</i>						
<b>South East Tile &amp; Stone</b>						
<b>Tree Services</b>						
<b>Location</b>	Brisbane, Gold coast, Ipswich					
<b>Contact Name</b>	Nic Sansom					
<b>Email Address</b>	<a href="mailto:nic@southeasttileandstone.com.au">nic@southeasttileandstone.com.au</a>					
<b>Website</b>	<a href="http://www.southeasttileandstone.com.au">www.southeasttileandstone.com.au</a>					
<b>Facebook Page</b>	<a href="http://www.facebook.com/Southeasttileandstone">www.facebook.com/Southeasttileandstone</a>					
<i>Brisbane based wall and floor tiling company. Skilled in the installation of ceramic, porcelain, glass and natural stone tiles and cladding.</i>						
<b>GDE Tree Services</b>						
<b>Tree Services</b>						
<b>Location</b>	183 McRoyle Street, Wacol					
<b>Contact Name</b>	Brendan Stehbens					
<b>Email Address</b>	<a href="mailto:info@qdetreeservices.com.au">info@qdetreeservices.com.au</a>					
<b>Website</b>	<a href="http://www.qdetreeservices.com.au">www.qdetreeservices.com.au</a>					
<b>Facebook Page</b>	<a href="http://www.facebook.com/qdetreeservices">www.facebook.com/qdetreeservices</a>					
<i>GDE Tree Services is a family owned &amp; operated 100% Treecycle company which was established by Graham Dewitt in 1987. Over the last 30 years, Graham and Kerion Dewitt have built the company to be one of the most reputable and reliable tree service companies whose services are sought after throughout Brisbane and its surrounding areas. Boasting over 20 staff, three dedicated domestic tree service crews, 24 hour storm response crews, a separate stump grinding specialist, a full time estimator offering "tree quotes", and a commercial land clearing crew, we work with Industry professionals to offer efficiency, professionalism and safety. Call GDE Tree Services, your local vegetation management professionals! FREE QUOTES-FULLY INSURED-30YEARS EXPERIENCE</i>						

<b>Browns Plains Real Estate</b>		<b>Real Estate</b>	
<b>Location</b>	Shop 1, 191/195 Waller Road, Regents Park	<b>Mobile</b>	0405 158 449
<b>Contact Name</b>	Neil Giles	<b>Office</b>	07 3800 3322
<b>Email Address</b>	<a href="mailto:neilgiles@brownsplainsrealestate.com.au">neilgiles@brownsplainsrealestate.com.au</a>		
<b>Website</b>	<a href="http://www.brownsplainsrealestate.com.au">www.brownsplainsrealestate.com.au</a>		
<b>Facebook Page</b>	<a href="http://www.facebook.com/BrownsPlainsRealEstate">www.facebook.com/BrownsPlainsRealEstate</a>		
<i>Buying, Selling, Renting or Investing in Real Estate the Contract Browns Plains Real Estate please view are current testimonials <a href="http://brownsplainsrealestate.com.au/testimonials">http://brownsplainsrealestate.com.au/testimonials</a></i>			

<b>Crafted Property Agents   acreage life</b>		<b>Real Estate</b>	
<b>Location</b>	3 / 64 Eastern Road, Browns Plains	<b>Mobile</b>	0433 324 089
<b>Contact Name</b>	Philip Resnikoff	<b>Office</b>	
<b>Email Address</b>	<a href="mailto:philip@craftedagents.com.au">philip@craftedagents.com.au</a>		
<b>Website</b>	<a href="http://www.acreagelife.com.au">www.acreagelife.com.au</a>		
<b>Facebook Page</b>	<a href="http://www.facebook.com/acreagelife">www.facebook.com/acreagelife</a>		
<i>Bespoke Property Agents - Hand Crafted and High Quality Marketing - Acreage Specialists - Brisbane, Logan Acreage &amp; beyond ...</i>			

<b>Clifford Signs</b>		<b>Signage</b>	
<b>Location</b>	25 Nealdon Drive, Meadowbrook	<b>Mobile</b>	0411 709 463
<b>Contact Name</b>	Mark Clifford	<b>Office</b>	07 3800 6738
<b>Email Address</b>	<a href="mailto:mark@cliffordsigns.com.au">mark@cliffordsigns.com.au</a>		
<b>Website</b>	<a href="http://www.cliffordsigns.com.au">www.cliffordsigns.com.au</a>		
<b>Facebook Page</b>	n/a		
<b>Signage</b>			

<b>CMAK Pty Ltd</b>		<b>Specialist Services</b>	
<b>Location</b>	29 Feather Close, Forestdale	<b>Mobile</b>	0419 645 423
<b>Contact Name</b>	Christopher Clough	<b>Mobile</b>	0419 661 105
<b>Contact Name</b>	Margaret Clough	<b>Office</b>	07 3800 1109
<b>Email Address</b>	<a href="mailto:info@cmakcrystalimports.com.au">info@cmakcrystalimports.com.au</a>		
<b>Website</b>	<a href="http://www.cmakcrystalimports.com.au">www.cmakcrystalimports.com.au</a>		
<b>Facebook Page</b>	n/a		
<i>Providing cost effective solutions for rhinestones/crystals for all your roller sport, ice sport, dance sport and other costuming needs. New online shop under construction</i>			

<b>Geological Data Design</b>		<b>Specialist Services</b>	
<b>Location</b>	n/a	<b>Mobile</b>	0408 152 256
<b>Contact Name</b>	Tony Shellshear	<b>Office</b>	
<b>Email Address</b>	<a href="mailto:info@qdd.net.au">info@qdd.net.au</a>		
<b>Website</b>	<a href="http://www.qdd.net.au">www.qdd.net.au</a>		
<b>Facebook Page</b>	n/a		
<i>Data Management &amp; Design</i>			

**Pedders Suspension**

<b>Location</b>	34 Moss St, Slacks Creek
<b>Contact Name</b>	Brian & Michelle Harley
<b>Contact Name</b>	
<b>Email Address</b>	<a href="mailto:slackscreek@pedders.com.au">slackscreek@pedders.com.au</a>
<b>Website</b>	<a href="http://www.pedders.com.au">www.pedders.com.au</a>
<b>Facebook Page</b>	<a href="http://www.facebook.com/PeddersSuspension">www.facebook.com/PeddersSuspension</a>

*Brake, Steering and Suspension specialists. GVM upgrades. Federally approved.***Vanquip**

<b>Location</b>	22 Dividend Street, Mansfield
<b>Contact Name</b>	Peter Virgulti
<b>Contact Name</b>	
<b>Email Address</b>	<a href="mailto:peter@vanquip.com.au">peter@vanquip.com.au</a>
<b>Website</b>	<a href="http://www.vanquip.com.au">www.vanquip.com.au</a>
<b>Facebook Page</b>	<a href="http://www.facebook.com/Vanquip">www.facebook.com/Vanquip</a>

*TOWBARS - BULLBARS - ROOF/LADDER RACKS - VAN SHELVING - CARGO BARRIERS - DRAWER SLIDE SYSTEMS - CHILD RESTRAINTS - VAN WINDOWS - EXTRA SEATING - COMPLIANTING - REV CAMERAS - GPS TRACKING & SECURITY***Bee Keeper**

<b>Location</b>	n/a
<b>Contact Name</b>	Paul Appleyard
<b>Contact Name</b>	
<b>Email Address</b>	<a href="mailto:clearoceans@iprimus.com.au">clearoceans@iprimus.com.au</a>
<b>Website</b>	n/a
<b>Facebook Page</b>	n/a

*Honey and Bee Swarm Removal***Pure Forestdale Honey**

<b>Location</b>	n/a
<b>Contact Name</b>	Peter Anderson
<b>Contact Name</b>	
<b>Email Address</b>	
<b>Website</b>	n/a
<b>Facebook Page</b>	n/a

*Honey sales and bee swarms*

**Building & Construction****Casada Constructions**

<b>Location</b>	n/a	<b>Mobile</b>	0408 318 236
<b>Contact Name</b>	Martin Adams	<b>Office</b>	
<b>Email Address</b>	<a href="mailto:casadaconstructions@bigpond.com.au">casadaconstructions@bigpond.com.au</a>		
<b>Website</b>	<a href="http://www.casadaconstructions.com.au">www.casadaconstructions.com.au</a>		
<b>Facebook Page</b>	<a href="https://www.facebook.com/casadaconstructionandbuilding">www.facebook.com/casadaconstructionandbuilding</a>		
<i>Renovations, extensions, new homes</i>			

**Building & Construction**

<b>Location</b>	58 Abbey Street Forestdale	<b>Mobile</b>	0417 741 135
<b>Contact Name</b>	Mark Catchpole	<b>Office</b>	07 3800 1262
<b>Email Address</b>	<a href="mailto:mark.cbs@bigpond.net.au">mark.cbs@bigpond.net.au</a>		
<i>Private Building Certifier/ Building Consultant</i>			

**Schnellberg Constructions**

<b>Location</b>	Unit 11/59-63 Eastern Road, Browns Plains	<b>Mobile</b>	0437 930 399
<b>Contact Name</b>	Mitch Hawkins	<b>Office</b>	
<b>Email Address</b>	<a href="mailto:info@hitechprojects.com.au">info@hitechprojects.com.au</a>		
<b>Website</b>	<a href="http://www.hitechprojects.com.au">www.hitechprojects.com.au</a>		

**Building & Construction**

<b>Location</b>	Crannock Court, Forestdale	<b>Mobile</b>	0421 125 144
<b>Contact Name</b>	Gary Green	<b>Office</b>	07 3809 3424
<b>Email Address</b>	<a href="mailto:grendesign@dodo.com.au">grendesign@dodo.com.au</a>		

*Building design & drafting for new homes, additions, decks, patios, granny flats, 3D perspectives.*

**Building & Construction**

<b>Location</b>	9 Robin Court, Forestdale	<b>Mobile</b>	0407 695 566
<b>Contact Name</b>	Steven Schelberg	<b>Office</b>	07 3800 4070
<b>Email Address</b>	<a href="mailto:admin@schelbergconstructions.com.au">admin@schelbergconstructions.com.au</a>		

**Schnellberg Constructions****Building & Construction**

<b>Location</b>	9 Robin Court, Forestdale	<b>Mobile</b>	0407 695 566
<b>Contact Name</b>	Steven Schelberg	<b>Office</b>	07 3800 4070
<b>Email Address</b>	<a href="mailto:admin@schelbergconstructions.com.au">admin@schelbergconstructions.com.au</a>		

*Home & Pool Builder*

**Plumbing****Plumbing**

<b>Location</b>	Forestdale	<b>Location</b>	Forestdale
<b>Contact Name</b>	Darryl Drake	<b>Contact Name</b>	Darryl Drake
<b>Email Address</b>	<a href="mailto:accounts@comtechplumbing.com.au">accounts@comtechplumbing.com.au</a>	<b>Email Address</b>	<a href="mailto:accounts@comtechplumbing.com.au">accounts@comtechplumbing.com.au</a>
<b>Website</b>	<a href="http://www.comtechplumbing.com.au">www.comtechplumbing.com.au</a>	<b>Website</b>	<a href="http://www.facebook.com/comtechplumbing">www.facebook.com/comtechplumbing</a>
<i>The plumbing and gas maintenance specialists with over 35 years of tried and trusted experience.</i>			

**Plumbing**

<b>Location</b>	540 Johnson Road, Forestdale	<b>Location</b>	540 Johnson Road, Forestdale
<b>Contact Name</b>	Dan Stretton	<b>Contact Name</b>	Dan Stretton
<b>Email Address</b>	<a href="mailto:danstretton@gmail.com">danstretton@gmail.com</a>	<b>Email Address</b>	<a href="mailto:danstretton@gmail.com">danstretton@gmail.com</a>
<b>Website</b>	n/a	<b>Website</b>	n/a

*Dan Stretton Plumbing*

**Plumbing**

<b>Location</b>	540 Johnson Road, Forestdale	<b>Location</b>	540 Johnson Road, Forestdale
<b>Contact Name</b>	Greg Stretton	<b>Contact Name</b>	Greg Stretton
<b>Email Address</b>	<a href="mailto:strettonplumbing@hotmail.com">strettonplumbing@hotmail.com</a>	<b>Email Address</b>	<a href="mailto:strettonplumbing@hotmail.com">strettonplumbing@hotmail.com</a>
<b>Website</b>	n/a	<b>Website</b>	n/a

*GW & LJ Stretton Plumbing and Drainage*

<b>Location</b>	540 Johnson Road, Forestdale	<b>Location</b>	540 Johnson Road, Forestdale
<b>Contact Name</b>	Greg Stretton	<b>Contact Name</b>	Greg Stretton
<b>Email Address</b>	<a href="mailto:strettonplumbing@hotmail.com">strettonplumbing@hotmail.com</a>	<b>Email Address</b>	<a href="mailto:strettonplumbing@hotmail.com">strettonplumbing@hotmail.com</a>
<b>Website</b>	n/a	<b>Website</b>	n/a

*Plumber and Drainer with 40+ years experience. General plumbing and drainage. Septic trenches - Guttering - Bathroom renovations - Hot Water Systems*

**Real Estate**

<b>Location</b>	1/6 Weber Drive, Browns Plains	<b>Location</b>	1/6 Weber Drive, Browns Plains
<b>Contact Name</b>	Jay Aston	<b>Contact Name</b>	Jay Aston
<b>Email Address</b>	<a href="mailto:jay.aston@allpropertiesgroup.com.au">jay.aston@allpropertiesgroup.com.au</a>	<b>Email Address</b>	<a href="mailto:jay.aston@allpropertiesgroup.com.au">jay.aston@allpropertiesgroup.com.au</a>
<b>Website</b>	<a href="http://www.allpropertiesgroup.com.au">www.allpropertiesgroup.com.au</a>	<b>Website</b>	<a href="http://www.allpropertiesgroup.com.au">www.allpropertiesgroup.com.au</a>

*All Properties Group*

<b>Location</b>	1/6 Weber Drive, Browns Plains	<b>Location</b>	1/6 Weber Drive, Browns Plains
<b>Contact Name</b>	Jay Aston	<b>Contact Name</b>	Jay Aston
<b>Email Address</b>	<a href="mailto:jay.aston@allpropertiesgroup.com.au">jay.aston@allpropertiesgroup.com.au</a>	<b>Email Address</b>	<a href="mailto:jay.aston@allpropertiesgroup.com.au">jay.aston@allpropertiesgroup.com.au</a>
<b>Website</b>	<a href="http://www.allpropertiesgroup.com.au">www.allpropertiesgroup.com.au</a>	<b>Website</b>	<a href="http://www.allpropertiesgroup.com.au">www.allpropertiesgroup.com.au</a>

*Real Estate - buy, sell, rent*

<b>Brisbane Trade Painters Pty Ltd</b>		<b>Painters &amp; Decorators</b>
<b>Location</b>	67 Lionheart St , Forestdale	
<b>Contact Name</b>	Justin Say	<b>Mobile</b> 0410 123 205
<b>Contact Name</b>	Kelly Say	<b>Mobile</b> 0479 035 753
<b>Email Address</b>	<a href="mailto:admin@brisbanetradepainters.com">admin@brisbanetradepainters.com</a>	<b>Office</b> 07 3806 7746
<b>Website</b>	<a href="http://www.facebook.com/brisbanetradepaintersptyltd">www.facebook.com/brisbanetradepaintersptyltd</a>	
<b>Facebook Page</b>		<i>Fully Licensed and Insured Painters and Decorator. Specializing in all aspects of painting Big or Small</i>

<b>Acacia Ridge Pet Resort</b>		<b>Pet Care</b>
<b>Location</b>	102 Sherbrooke Road, Willawong	
<b>Contact Name</b>	Darrin & Abbey Suter	<b>Mobile</b>
<b>Contact Name</b>		<b>Mobile</b>
<b>Email Address</b>	<a href="mailto:info@acaciaridgepetresort.com.au">info@acaciaridgepetresort.com.au</a>	<b>Office</b> 07 3372 7674
<b>Website</b>	<a href="http://www.acaciaridgepetresort.com.au">www.acaciaridgepetresort.com.au</a>	
<b>Facebook Page</b>		<a href="http://www.facebook.com/AcaciaRidgePetResort">www.facebook.com/AcaciaRidgePetResort</a>
		<i>Acacia Ridge Pet Resort provides both standard and luxury pet boarding for cats and dogs. Our pet retreat is designed so your pets have a fantastic holiday and you have peace of mind they're being cared for by responsible, caring pet professionals.</i>

<b>Cats Country Club</b>		<b>Pet Care</b>
<b>Location</b>	12-14 Nottingham Court, Forestdale	
<b>Contact Name</b>	Karenne & Karen	<b>Mobile</b> 0412 944 306
<b>Contact Name</b>		<b>Mobile</b>
<b>Email Address</b>	<a href="mailto:catscountryclub@optusnet.com.au">catscountryclub@optusnet.com.au</a>	<b>Office</b> 07 3809 3661
<b>Website</b>	<a href="http://www.catscountryclub.com.au">www.catscountryclub.com.au</a>	
<b>Facebook Page</b>	n/a	<i>Cats Boarding Kennel</i>

<b>Forestdale Pet Care</b>		<b>Pet Care</b>
<b>Location</b>	n/a	
<b>Contact Name</b>	Cheryl	<b>Mobile</b> 0403 950 266
<b>Contact Name</b>		<b>Mobile</b>
<b>Email Address</b>	<a href="mailto:zanthura@live.com">zanthura@live.com</a>	<b>Office</b>
<b>Website</b>	n/a	<a href="http://www.facebook.com/adamandnoahcollege.com.au">www.facebook.com/adamandnoahcollege.com.au</a>
<b>Facebook Page</b>	n/a	<i>Caring for pets in their own home / holiday pet care</i>

## Building & Construction

## Shed Building / Demolition

<b>Location</b>	n/a
<b>Contact Name</b>	Zoltan or Dani Kiss
<b>Contact Name</b>	
<b>Email Address</b>	<a href="mailto:idios@bigpond.com">idios@bigpond.com</a>
<b>Website</b>	n/a
<b>Facebook Page</b>	n/a
	<i>Specialising and licensed for Titan Sheds</i>

## Building & Construction

## Virtus Homes

<b>Location</b>	Unit 11/59-63 Eastern Road, Browns Plains
<b>Contact Name</b>	Mitch Hawkins
<b>Contact Name</b>	
<b>Email Address</b>	<a href="mailto:mitch@virtushomes.com.au">mitch@virtushomes.com.au</a>
<b>Website</b>	<a href="http://www.virtushomes.com.au">www.virtushomes.com.au</a>
<b>Facebook Page</b>	<a href="http://www.facebook.com/virtushomes">www.facebook.com/virtushomes</a>
	<i>At Virtus Homes, we believe excellence in design makes life better. Our homes are architecturally designed to be liveable and beautiful, with clean lines and simple styling. Enjoy an easy, hassle-free build with a company you can trust.</i>

## Cabinet Making

## Gerhard's Cabinets & More

<b>Location</b>	Lionheart Street, Forestdale
<b>Contact Name</b>	Gerhard or Inge
<b>Contact Name</b>	
<b>Email Address</b>	<a href="mailto:gfussi@bigpond.com">gfussi@bigpond.com</a>
<b>Website</b>	n/a
<b>Facebook Page</b>	n/a
	<i>We supply and install kitchens, wardrobes, laundry cabinets and many more. We also install flat pack kitchens (Kaboodle, IKEA and others). Refurbishments are welcome too</i>

## Childcare Services

## Adam & Noah Early Learning College

<b>Location</b>	130-138 Waller Rd, Heritage Park
<b>Contact Name</b>	Jean Ker
<b>Contact Name</b>	
<b>Email Address</b>	<a href="mailto:info@adamandnoahcollege.com.au">info@adamandnoahcollege.com.au</a>
<b>Website</b>	<a href="http://www.adamandnoahcollege.com.au">www.adamandnoahcollege.com.au</a>
<b>Facebook Page</b>	<a href="http://www.facebook.com/adamandnoahcollege.com.au">www.facebook.com/adamandnoahcollege.com.au</a>
	<i>Childcare, Vacation Care, Before and After School Care, Soccer Club</i>

<b>Guppy's Early Learning Centre</b>						
<b>Childcare Services</b>						
<b>Location</b>	1-13 Forestdale Drive	<b>Mobile</b>	n/a			
<b>Contact Name</b>	Rebecca Kearney	<b>Mobile</b>				
<b>Contact Name</b>		<b>Mobile</b>				
<b>Email Address</b>	<a href="mailto:forestdale@guppyss.com.au">forestdale@guppyss.com.au</a>	<b>Office</b>	07 3800 4055			
<b>Website</b>	<a href="http://www.guppyss.com.au">www.guppyss.com.au</a>					
<b>Facebook Page</b>	<a href="http://www.facebook.com/guppyse1">www.facebook.com/guppyse1</a>					
<i>Guppy's Early Learning Centre is a Long Day Care Service in Queensland. Our vision is to provide exceptional childcare through personalised service.</i>						

<b>Security Solutions (Australasia) Pty Ltd</b>						
<b>Home Security</b>						
<b>Location</b>	n/a	<b>Mobile</b>	0408 796 731			
<b>Contact Name</b>	Shayne Allport	<b>Mobile</b>				
<b>Contact Name</b>		<b>Mobile</b>				
<b>Email Address</b>	<a href="mailto:info@securitysolutionsaustralasia.com.au">info@securitysolutionsaustralasia.com.au</a>	<b>Office</b>	1300 022 256			
<b>Website</b>	<a href="http://www.securitysolutionsaustralasia.com.au">www.securitysolutionsaustralasia.com.au</a>					
<b>Facebook Page</b>	n/a					
<i>Security patrols, guards, alarm responses, alarm installations</i>						

<b>Grubless Property Services</b>						
<b>Cleaning</b>						
<b>Location</b>	Forestdale	<b>Mobile</b>	0421 707 304			
<b>Contact Name</b>	David Thomsen	<b>Mobile</b>				
<b>Contact Name</b>		<b>Office</b>	07 3800 8824			
<b>Email Address</b>	<a href="mailto:admin@grubless.com.au">admin@grubless.com.au</a>					
<b>Website</b>	<a href="http://www.grubless.com.au">www.grubless.com.au</a>					
<b>Facebook Page</b>	<a href="http://www.facebook.com/GrublessCommercialcleaning">www.facebook.com/GrublessCommercialcleaning</a>					

<b>Elliott &amp; Fyfe Concrete Cutting Service</b>						
<b>Concrete Cutting</b>						
<b>Location</b>	11 Feather Close, Forestdale	<b>Mobile</b>	0411 554 737			
<b>Contact Name</b>	Shaun McCabe	<b>Mobile</b>				
<b>Contact Name</b>		<b>Office</b>	07 3806 9100			
<b>Email Address</b>	<a href="mailto:elliottandfyfe@bigpond.com">elliottandfyfe@bigpond.com</a>					
<b>Website</b>	<a href="http://www.elliottandfyfe.com.au">www.elliottandfyfe.com.au</a>					
<b>Facebook Page</b>	n/a					
<i>Concrete Cutting Service</i>						

<b>Fast Cut Qld Pty Ltd</b>						
<b>Concrete Cutting</b>						
<b>Location</b>	n/a	<b>Mobile</b>	0414 756 052			
<b>Contact Name</b>	Rob East	<b>Mobile</b>				
<b>Contact Name</b>		<b>Office</b>	07 3265 6537			
<b>Email Address</b>	<a href="mailto:rob@fastcut.com.au">rob@fastcut.com.au</a>					
<b>Website</b>	<a href="http://www.fastcut.com.au">www.fastcut.com.au</a>					
<b>Facebook Page</b>	n/a					
<i>Concrete Cutting</i>						

<b>Nuway</b>						
<b>Landscape</b>						
<b>Location</b>	Cnr Stapylton & Johnson Road	<b>Mobile</b>	n/a			
<b>Contact Name</b>	Jason Best	<b>Mobile</b>				
<b>Contact Name</b>		<b>Office</b>	07 3800 5433			
<b>Email Address</b>	<a href="mailto:forestdale@nuway.com.au">forestdale@nuway.com.au</a>					
<b>Website</b>	<a href="http://www.nuway.com.au">www.nuway.com.au</a>					
<b>Facebook Page</b>	n/a					
<i>Landscape Supplies, Pavers &amp; Walls</i>						

<b>Suburban Law</b>						
<b>Legal Services</b>						
<b>Location</b>	Forestdale and Browns Plains	<b>Mobile</b>	0422 310 495			
<b>Contact Name</b>	Debra Millar LLB	<b>Mobile</b>				
<b>Contact Name</b>		<b>Office</b>	07 3800 5433			
<b>Email Address</b>	<a href="mailto:info@suburban-law.com.au">info@suburban-law.com.au</a>					
<b>Website</b>	<a href="http://www.suburbanlaw.com.au">www.suburbanlaw.com.au</a>					
<b>Facebook Page</b>	n/a					
<i>We are a local firm with over 30 years legal experience so why go to the CBD when we are in the suburbs near you and we can come to you!</i>						

**Health & Wellbeing****TWT Concrete Pumping**

<b>Location</b>	Broadsword Court Forestdale	<b>Location</b>	<b>Concrete Pumping</b>		
<b>Contact Name</b>	Brad Miell	<b>Mobile</b>	0427 838 089	<b>Mobile</b>	0404 444 274
<b>Contact Name</b>		<b>Mobile</b>		<b>Mobile</b>	0404 444 274
<b>Email Address</b>	<a href="mailto:info@sit-rite.com.au">info@sit-rite.com.au</a>	<b>Contact Name</b>	Brendan Boyd	<b>Office</b>	
<b>Website</b>	<a href="http://www.sit-rite.com.au">www.sit-rite.com.au</a>	<b>Email Address</b>	Lisa Boyd	<b>Office</b>	
<b>Facebook Page</b>	n/a	<b>Website</b>	<a href="http://twtconcretepumping@live.com.au">twtconcretepumping@live.com.au</a>	<b>Facebook Page</b>	We pump footings, slabs, driveways, paths, blockfill, and specialise in Exposed Aggregate. Domestic and Commercial work

<b>Dream Escapes</b>	<b>Holidays</b>
<b>Location</b>	n/a
<b>Contact Name</b>	Rochelle Malmshimer
<b>Contact Name</b>	
<b>Email Address</b>	<a href="mailto:rochelle@dreamescapes.com.au">rochelle@dreamescapes.com.au</a>
<b>Website</b>	n/a
<b>Facebook Page</b>	n/a

Ergonomic office furniture, sit-stand desks, office chairs, all office furniture including book cases, storage cabinets etc.

**Home Security****Electrician**

<b>ADR Electrical</b>	<b>Electrician</b>
<b>Location</b>	n/a
<b>Contact Name</b>	Allan Dunkley
<b>Contact Name</b>	
<b>Email Address</b>	<a href="mailto:adrelectrical@bigpond.com">adrelectrical@bigpond.com</a>
<b>Website</b>	n/a
<b>Facebook Page</b>	n/a

General electrical maintenance, TV antennas

**Amentco Sunstate Group****Electrician**

<b>AJ's Electrical</b>	<b>Electrician</b>
<b>Location</b>	7 Sheriff Street, Forestdale
<b>Contact Name</b>	AJ
<b>Contact Name</b>	
<b>Email Address</b>	<a href="mailto:ajselect@bigpond.com">ajselect@bigpond.com</a>
<b>Website</b>	n/a
<b>Facebook Page</b>	n/a

All electrical needs, ceiling fans, power points etc, new house construction & commercial work.

**FIXZIT – Belby Electrical Services Pty Ltd****Electrician**

<b>Location</b>	Unit 1 / 101 Jijaws Street, Sumner Park
<b>Contact Name</b>	Mark Slater
<b>Contact Name</b>	Karen Slater
<b>Email Address</b>	<a href="mailto:belby@fixxit.com.au">belby@fixxit.com.au</a>
<b>Website</b>	<a href="http://www.fixxit.com.au">www.fixxit.com.au</a>
<b>Facebook Page</b>	<a href="http://www.facebook.com/FixxitTradeServices">www.facebook.com/FixxitTradeServices</a>

Domestic Installation and Repairs, Refrigeration/Air-conditioning Installation/Repairs, Electrical Switchboard Upgrades, Emergency/Exit Lighting & Smoke Alarms, Test and Tag, Safety/Pre-Purchase Inspections. All Forestdale Residents receive \$35.00 Discount

**Loganholme Security Services****Electrician**

<b>Location</b>	n/a
<b>Contact Name</b>	Shayne Allport
<b>Contact Name</b>	
<b>Email Address</b>	<a href="mailto:info@loganholmesecurityservices.com.au">info@loganholmesecurityservices.com.au</a>
<b>Website</b>	n/a
<b>Facebook Page</b>	n/a

Security patrols, guards, alarm responses

<b>Porta-Sift Industries</b>					
<b>Equipment Hire &amp; Sales</b>			<b>Health &amp; Wellbeing</b>		
<b>Location</b>	n/a		<b>Location</b>	n/a	
<b>Contact Name</b>	Peter Morgan		<b>Contact Name</b>	Kym Baxter	
<b>Email Address</b>	<a href="mailto:portasift@outlook.com">portasift@outlook.com</a>	<b>Office</b>	<b>Contact Name</b>	<a href="mailto:kymbo96@hotmail.com">kymbo96@hotmail.com</a>	<b>Mobile</b>
<b>Website</b>	<a href="http://www.portasift.com.au">www.portasift.com.au</a>		<b>Website</b>	n/a	
<b>YouTube</b>	<a href="https://www.youtube.com/channel/UC9wb0foV6ap-szkwvn5VEypw">www.youtube.com/channel/UC9wb0foV6ap-szkwvn5VEypw</a>		<b>Facebook Page</b>	n/a	
<i>Porta-Sift Industries distributes small automatic soil and compost sieves. The ROTASIFTER® portable electric powered rotary sieve will save you hours of back-breaking work turning rocky dirt into clean topsoil.</i>					

<b>Forestdale Tax Agents</b>					
<b>Financial Services</b>			<b>Health &amp; Wellbeing</b>		
<b>Location</b>	n/a		<b>Location</b>	n/a	
<b>Contact Name</b>	Patrick Furlong		<b>Contact Name</b>	Rebecca McQuilty	
<b>Email Address</b>	<a href="mailto:info@foundationfs.com.au">info@foundationfs.com.au</a>	<b>Office</b>	<b>Contact Name</b>	<a href="mailto:Rebecca@dreams2reality.com.au">Rebecca@dreams2reality.com.au</a>	<b>Mobile</b>
<b>Website</b>	n/a		<b>Email Address</b>	<a href="mailto:n/a">n/a</a>	
<b>Facebook Page</b>	n/a		<b>Website</b>	n/a	
<i>Taxation services to businesses, tradies &amp; individuals ; Bookkeeping service ; Assistance with MYOB &amp; Xero</i>					

<b>Loan Gallery Finance Pty Ltd</b>					
<b>Financial Services</b>			<b>Health &amp; Wellbeing</b>		
<b>Location</b>	n/a		<b>Location</b>	199 Forestdale Drive	
<b>Contact Name</b>	Belinda Mostert		<b>Contact Name</b>	Louisa Ben Moha	
<b>Email Address</b>	<a href="mailto:belinda.mostert@loangallery.com.au">belinda.mostert@loangallery.com.au</a>	<b>Office</b>	<b>Contact Name</b>	<a href="mailto:Louisa.Ben.Moha@loangallery.com.au">Louisa.Ben.Moha@loangallery.com.au</a>	<b>Mobile</b>
<b>Website</b>	<a href="http://www.loangallery.com.au">www.loangallery.com.au</a>		<b>Email Address</b>	<a href="http://www.facebook.com/BelindaFinance">www.facebook.com/BelindaFinance</a>	
<b>Facebook Page</b>	<a href="http://www.facebook.com/BelindaFinance">www.facebook.com/BelindaFinance</a>		<b>Website</b>	n/a	
<i>I offer services for a wide range of finance options, including; Residential Home   First Home Buyer   Renovation   Investment   Business Commercial   Refinancing   Vacant Land   Debt Consolidation   Debtor Finance   SMSF Lending   Vehicle &amp; Equipment Finance   Deposit Bonds   Insurances</i>					

<b>Torque Money</b>					
<b>Financial Services</b>			<b>Health &amp; Wellbeing</b>		
<b>Location</b>	Unit 20/8 St Jude Court, Browns Plains		<b>Location</b>	3/26 Commercial Drive, Springfield	
<b>Contact Name</b>	Ryan McQuilty		<b>Contact Name</b>	Mark Abreu	
<b>Email Address</b>	<a href="mailto:ryan@torquemoney.com.au">ryan@torquemoney.com.au</a>	<b>Office</b>	<b>Email Address</b>	<a href="mailto:info@qldchiropracticgroup.com.au">info@qldchiropracticgroup.com.au</a>	<b>Mobile</b>
<b>Website</b>	<a href="http://www.torquemoney.com.au">www.torquemoney.com.au</a>		<b>Website</b>	<a href="http://www.facebook.com/qldchiropracticgroup">www.facebook.com/qldchiropracticgroup</a>	
<b>Facebook Page</b>	<a href="http://www.facebook.com/TorqueMoney">www.facebook.com/TorqueMoney</a>		<b>Facebook Page</b>	<a href="http://www.facebook.com/qldchiropracticgroup">www.facebook.com/qldchiropracticgroup</a>	
<i>One stop shop for all Car, Truck, Bike, Trailer, Marine &amp; Equipment Financing needs. We can even assist finding your new Vehicle for you.</i>					

<b>Lawn Mowing &amp; Garden Services</b>					
<b>Gardening &amp; Mowing</b>			<b>Health &amp; Wellbeing</b>		
<b>Location</b>	n/a		<b>Location</b>	3/26 Commercial Drive, Springfield	
<b>Contact Name</b>	Darren Berry		<b>Contact Name</b>	Mark Abreu	
<b>Email Address</b>	<a href="mailto:gardensandlawns@yahoo.com.au">gardensandlawns@yahoo.com.au</a>	<b>Office</b>	<b>Email Address</b>	<a href="mailto:info@qldchiropracticgroup.com.au">info@qldchiropracticgroup.com.au</a>	<b>Mobile</b>
<b>Website</b>	n/a		<b>Website</b>	<a href="http://www.qldchiropracticgroup.com.au">www.qldchiropracticgroup.com.au</a>	
<b>Facebook Page</b>	n/a		<b>Facebook Page</b>	<a href="http://www.facebook.com/qldchiropracticgroup">www.facebook.com/qldchiropracticgroup</a>	
<i>Affordable lawn mowing, gardening and small tree lopping</i>					

## Kymboo Massage N Beauty

<b>Kymboo Massage N Beauty</b>					
<b>Health &amp; Wellbeing</b>			<b>Equipment Hire &amp; Sales</b>		
<b>Location</b>	n/a		<b>Location</b>	n/a	
<b>Contact Name</b>	Kym Baxter		<b>Contact Name</b>	Kym Baxter	
<b>Email Address</b>	<a href="mailto:kymbo96@hotmail.com">kymbo96@hotmail.com</a>	<b>Office</b>	<b>Email Address</b>	<a href="mailto:kymbo96@hotmail.com">kymbo96@hotmail.com</a>	<b>Mobile</b>
<b>Website</b>	n/a		<b>Website</b>	n/a	
<b>YouTube</b>	<a href="https://www.youtube.com/channel/UC9wb0foV6ap-szkwvn5VEypw">www.youtube.com/channel/UC9wb0foV6ap-szkwvn5VEypw</a>		<b>Facebook Page</b>	n/a	
<i>Cupping, Remedial, Relaxation \$60/Hr, Micro Dermabrasion, Waxing, Facials and more</i>					

## Life Activated

<b>Life Activated</b>					
<b>Health &amp; Wellbeing</b>			<b>Financial Services</b>		
<b>Location</b>	n/a		<b>Location</b>	n/a	
<b>Contact Name</b>	Rebecca McQuilty		<b>Contact Name</b>	n/a	
<b>Email Address</b>	<a href="mailto:Rebecca@dreams2reality.com.au">Rebecca@dreams2reality.com.au</a>	<b>Office</b>	<b>Email Address</b>	<a href="http://www.facebook.com/bayitforwardLA">www.facebook.com/bayitforwardLA</a>	<b>Mobile</b>
<b>Website</b>	n/a		<b>Website</b>	n/a	
<b>Facebook Page</b>	<a href="http://www.facebook.com/bayitforwardLA">www.facebook.com/bayitforwardLA</a>		<b>Facebook Page</b>	<a href="http://www.facebook.com/bayitforwardLA">www.facebook.com/bayitforwardLA</a>	
<i>Life Activated is all about activating your life. We provide solutions from health and wellness to personal and business mentoring. We are the distributor of an all natural activating product that will switch on a gene in your body where your body has the ability to make one million to one antioxidants per second every second , also lowering oxidative stress dramatically and lowering inflammation.</i>					

## Louisa's Natural Therapies

<b>Louisa's Natural Therapies</b>					
<b>Health &amp; Wellbeing</b>			<b>Financial Services</b>		
<b>Location</b>	199 Forestdale Drive		<b>Location</b>	199 Forestdale Drive	
<b>Contact Name</b>	Louisa Ben Moha		<b>Contact Name</b>	Louisa Ben Moha	
<b>Email Address</b>	<a href="mailto:Louisa.Ben.Moha@loangallery.com.au">Louisa.Ben.Moha@loangallery.com.au</a>	<b>Office</b>	<b>Email Address</b>	<a href="http://www.facebook.com/Louisas-Natural-Therapies-1013401688870875">www.facebook.com/Louisas-Natural-Therapies-1013401688870875</a>	<b>Mobile</b>
<b>Website</b>	n/a		<b>Website</b>	n/a	
<b>Facebook Page</b>	<a href="http://www.facebook.com/doTerra Wellness Advocate">www.facebook.com/doTerra Wellness Advocate</a>		<b>Facebook Page</b>	<a href="http://www.facebook.com/doTerra Wellness Advocate">www.facebook.com/doTerra Wellness Advocate</a>	
<i>Massage Therapist, doTerra Wellness Advocate</i>					

## Queensland Chiropractic Group

<b>Queensland Chiropractic Group</b>					
<b>Health &amp; Wellbeing</b>			<b>Financial Services</b>		
<b>Location</b>	3/26 Commercial Drive, Springfield		<b>Location</b>	3/26 Commercial Drive, Springfield	
<b>Contact Name</b>	Mark Abreu		<b>Contact Name</b>	Mark Abreu	
<b>Email Address</b>	<a href="mailto:info@qldchiropracticgroup.com.au">info@qldchiropracticgroup.com.au</a>	<b>Office</b>	<b>Email Address</b>	<a href="mailto:info@qldchiropracticgroup.com.au">info@qldchiropracticgroup.com.au</a>	<b>Mobile</b>
<b>Website</b>	<a href="http://www.qldchiropracticgroup.com.au">www.qldchiropracticgroup.com.au</a>		<b>Website</b>	<a href="http://www.qldchiropracticgroup.com.au">www.qldchiropracticgroup.com.au</a>	
<b>Facebook Page</b>	<a href="http://www.facebook.com/qldchiropracticgroup">www.facebook.com/qldchiropracticgroup</a>		<b>Facebook Page</b>	<a href="http://www.facebook.com/qldchiropracticgroup">www.facebook.com/qldchiropracticgroup</a>	
<i>We are a highly skilled team of chiropractors who are dedicated to bringing you the best Chiropractic care possible.</i>					

**Health & Wellbeing**

<b>Brita Ella with Scentsy</b>		<b>Health &amp; Wellbeing</b>
<b>Location</b>	n/a	
<b>Contact Name</b>	Brita Regan	<b>Mobile</b> 0455 599 985
<b>Contact Name</b>		<b>Mobile</b>
<b>Email Address</b>	<a href="mailto:britaella@icloud.com">britaella@icloud.com</a>	<b>Office</b>
<b>Website</b>	n/a	
<b>Facebook Page</b>	<a href="http://www.facebook.com/BritaEllaScentsy">www.facebook.com/BritaEllaScentsy</a>	A world of pretty warmers, diffusers, gorgeous oils & wax melts with quality cleaning & washing products

**Doterra Consultant**

<b>Doterra Consultant</b>		<b>Health &amp; Wellbeing</b>
<b>Location</b>	n/a	
<b>Contact Name</b>	Louisa Ben Moha	<b>Mobile</b> 0499 771 115
<b>Contact Name</b>		<b>Mobile</b>
<b>Email Address</b>	<a href="mailto:Lhem007@bigpond.com">Lhem007@bigpond.com</a>	<b>Office</b>
<b>Website</b>	n/a	
<b>Facebook Page</b>	<a href="http://www.facebook.com/Louisas-Natural-Therapies-1013401688870875">www.facebook.com/Louisas-Natural-Therapies-1013401688870875</a>	Massage Therapist, do Terra Wellness Advocate

**Intrinsic Health and Rehab**

<b>Intrinsic Health and Rehab</b>		<b>Health &amp; Wellbeing</b>
<b>Location</b>	1/11 Forestdale Drive, Forestdale	<b>Mobile</b> 0455 672 272
<b>Contact Name</b>	Javier Bara ( <a href="mailto:ibara@intrinsichealth.net.au">ibara@intrinsichealth.net.au</a> )	<b>Mobile</b> 0409 315 826
<b>Contact Name</b>	Tim Douge ( <a href="mailto:tdouge@intrinsichealth.net.au">tdouge@intrinsichealth.net.au</a> )	<b>Office</b> 07 30869595
<b>Email Address</b>	<a href="mailto:enquiries@intrinsichealth.net.au">enquiries@intrinsichealth.net.au</a>	
<b>Website</b>	<a href="http://www.intrinsichealth.net.au">www.intrinsichealth.net.au</a>	
<b>Facebook Page</b>	<a href="http://www.facebook.com/IntrinsicHealthandRehab">www.facebook.com/IntrinsicHealthandRehab</a>	Intrinsic Health & Rehab is an allied health centre in Forestdale. We combine rehabilitation, lifestyle support and wellness prevention to support people of any age, ability, and disability to feel better for longer. Our team of exercise physiologists, physiotherapists and occupational therapist improve lifestyles. Individuals, community groups, and companies have all shared the benefits of our services. Get in touch.

**Juice Plus**

<b>Juice Plus</b>		<b>Health &amp; Wellbeing</b>
<b>Location</b>	n/a	
<b>Contact Name</b>	Jillian Nicol	<b>Mobile</b> 0418 987 957
<b>Contact Name</b>		<b>Mobile</b>
<b>Email Address</b>	<a href="mailto:jillibeat2407@hotmail.com">jillibeat2407@hotmail.com</a>	<b>Office</b>
<b>Website</b>	<a href="http://www.jillianicol.juiceplus.com.au">www.jillianicol.juiceplus.com.au</a>	
<b>Facebook Page</b>	n/a	27 different fruits, vegetables & berries to Nourish, Heal & Protect from the inside out. If you would like to have more energy & not feel so tired why not consider a whole food support.

**Pete's Gardening & Maintenance Services**

<b>Pete's Gardening &amp; Maintenance Services</b>		<b>Gardening &amp; Mowing</b>
<b>Location</b>	n/a	
<b>Contact Name</b>	Peter	<b>Mobile</b> 0449 501 927
<b>Contact Name</b>		<b>Mobile</b> 0449 501 710
<b>Email Address</b>	<a href="mailto:pat Randall@iprimus.com.au">pat Randall@iprimus.com.au</a>	<b>Office</b> 07 3809 3311
<b>Website</b>	n/a	
<b>Facebook Page</b>	n/a	

**RG Lawn Care Services**

<b>RG Lawn Care Services</b>		<b>Gardening &amp; Mowing</b>
<b>Location</b>	18 - 22 Creekside Court, Forestdale	
<b>Contact Name</b>	Rachael Gerhardt	<b>Mobile</b> 0412 100 582
<b>Contact Name</b>		<b>Mobile</b>
<b>Email Address</b>	<a href="mailto:rae_rulzz2000@yahoo.com">rae_rulzz2000@yahoo.com</a>	<b>Office</b>
<b>Website</b>	n/a	
<b>Facebook Page</b>	n/a	
		<i>Lawn mowing</i>

**Brisbane Gates**

<b>Brisbane Gates</b>		<b>Gates &amp; Fencing</b>
<b>Location</b>	Forestdale	
<b>Contact Name</b>	Michael	<b>Mobile</b> 0411 519 685
<b>Contact Name</b>		<b>Mobile</b>
<b>Email Address</b>	<a href="mailto:sales@brisbanegates.com.au">sales@brisbanegates.com.au</a>	<b>Office</b>
<b>Website</b>	<a href="http://www.brisbanegates.com.au">www.brisbanegates.com.au</a>	
<b>Facebook Page</b>	n/a	
		<i>Supply &amp; Installation of custom Gates, Fencing and Automation of Gates</i>

**Aztec Screens**

<b>Aztec Screens</b>		<b>Glazing</b>
<b>Location</b>	n/a	
<b>Contact Name</b>	Helen Kelly	<b>Mobile</b>
<b>Contact Name</b>		<b>Mobile</b>
<b>Email Address</b>	<a href="mailto:enquiries@aztecscreens.com.au">enquiries@aztecscreens.com.au</a>	<b>Office</b> 07 3800 7351
<b>Website</b>	<a href="http://www.aztecscreens.com.au">www.aztecscreens.com.au</a>	
<b>Facebook Page</b>	n/a	
		<i>Aztec Screens manufacture, supply and install a wide range of security windows, doors and other aluminium products. We provide an obligation free measure and comprehensive quotation - installation &amp; GST included.</i>

**Glazing****Hair / Beauty**

<b>Frog Glass Pty Ltd</b>		<b>Glazing</b>		<b>Hair / Beauty</b>	
<b>Location</b>	5/15 Overlord Place, Acacia Ridge	<b>Mobile</b>	0411 875 652	<b>Location</b>	Shop 2/11 Forestdale Drive
<b>Contact Name</b>	Peter Carmichael	<b>Mobile</b>		<b>Contact Name</b>	Leigh Helfert
<b>Contact Name</b>		<b>Office</b>	07 3277 1644	<b>Contact Name</b>	
<b>Email Address</b>	<a href="mailto:info@frogglass.com.au">info@frogglass.com.au</a>	<b>Email Address</b>		<b>Email Address</b>	<a href="mailto:leigh@salon61.com.au">leigh@salon61.com.au</a>
<b>Website</b>	<a href="http://www.frogglass.com.au">www.frogglass.com.au</a>	<b>Website</b>		<b>Website</b>	<a href="http://www.salon61.com.au">www.salon61.com.au</a>
<b>Facebook Page</b>	<a href="http://www.facebook.com/FrogGlassBris">www.facebook.com/FrogGlassBris</a>	<b>Facebook Page</b>		<b>Facebook Page</b>	<a href="http://www.facebook.com/SALON-61-306545614855">www.facebook.com/SALON-61-306545614855</a>
<i>Supply, installation and repairing/re-glazing of aluminium doors, windows, shower screens, balustrades, glass pool fencing, security doors and screens, and kitchen splashbacks</i>		<i>Hair Salon</i>		<i>Hair / Beauty</i>	

**Hair / Beauty****MOJO V HAIR**

<b>AVON Consultant</b>		<b>Hair / Beauty</b>		<b>MOJO V HAIR</b>	
<b>Location</b>	n/a	<b>Location</b>	62 Dickman Rd, Forestdale	<b>Location</b>	62 Dickman Rd, Forestdale
<b>Contact Name</b>	Joanne Grossman	<b>Contact Name</b>	Vesna Matkovic	<b>Contact Name</b>	Vesna Matkovic
<b>Contact Name</b>		<b>Email Address</b>	<a href="mailto:jgrossman@hotmail.com">jgrossman@hotmail.com</a>	<b>Email Address</b>	<a href="mailto:jgrossman@hotmail.com">jgrossman@hotmail.com</a>
<b>Email Address</b>		<b>Website</b>	n/a	<b>Website</b>	n/a
<b>Website</b>	n/a	<b>Facebook Page</b>	<a href="http://www.facebook.com/MojoVHair">www.facebook.com/MojoVHair</a>	<b>Facebook Page</b>	<a href="http://www.facebook.com/MojoVHair">www.facebook.com/MojoVHair</a>
<b>Facebook Page</b>	n/a	<i>His and hers Hairdressing Studio. Gifts and Fashion Accessories. Family Friendly Studio</i>		<i>Hair / Beauty</i>	

**Hair / Beauty****Amz Fitness**

<b>Embellish Makeup and Tanning</b>		<b>Hair / Beauty</b>		<b>Amz Fitness</b>	
<b>Location</b>	19-23 Boyd Court, Forestdale	<b>Mobile</b>	0409 519 861	<b>Location</b>	Huntingdon Street
<b>Contact Name</b>	Lisa Boyd	<b>Mobile</b>		<b>Contact Name</b>	Amy Wiltshire
<b>Contact Name</b>		<b>Office</b>		<b>Email Address</b>	<a href="mailto:info@amzfitness.com.au">info@amzfitness.com.au</a>
<b>Email Address</b>		<b>Website</b>		<b>Website</b>	<a href="http://www.amzfitness.com.au">www.amzfitness.com.au</a>
<b>Website</b>		<b>Facebook Page</b>	<a href="http://www.facebook.com/AmzFitness">www.facebook.com/AmzFitness</a>	<b>Facebook Page</b>	<a href="http://www.facebook.com/AmzFitness">www.facebook.com/AmzFitness</a>
<b>Facebook Page</b>		<i>Why is Amz Fitness different, we look at you as an individual and help you work on your goals. Each person is special and unique and we cater your fitness plan to you with no cookie cutter programs.</i>		<i>Health &amp; Wellbeing</i>	

**Hair / Beauty****BodyStart Bowen**

<b>GlazeMe</b>		<b>Hair / Beauty</b>		<b>BodyStart Bowen</b>	
<b>Location</b>	n/a	<b>Location</b>	n/a	<b>Location</b>	n/a
<b>Contact Name</b>	Megan Harris	<b>Contact Name</b>	Yasmin Turner	<b>Contact Name</b>	Yasmin Turner
<b>Contact Name</b>		<b>Email Address</b>	<a href="mailto:enquiry@glazeme.com.au">enquiry@glazeme.com.au</a>	<b>Email Address</b>	<a href="mailto:yasminturner05@gmail.com">yasminturner05@gmail.com</a>
<b>Email Address</b>		<b>Website</b>	<a href="http://www.glazeme.com.au">www.glazeme.com.au</a>	<b>Website</b>	n/a
<b>Website</b>		<b>Facebook Page</b>	<a href="http://www.facebook.com/GlazeMe.com.au">www.facebook.com/GlazeMe.com.au</a>	<b>Facebook Page</b>	<a href="http://www.facebook.com/BodyStartBowen">www.facebook.com/BodyStartBowen</a>
<b>Facebook Page</b>		<i>Online UV nail polish, lamps and accessories. Achieve salon perfect nails without the expensive price tag. GlazeMe is one of Australia's leading online suppliers of UV nail polish.</i>		<i>Health &amp; Wellbeing</i>	

**Health & Wellbeing****Bowen**

<i><b>Bowen</b> is a holistic remedial body <b>technique</b> that works on the soft connective tissue (fascia) of the body. <b>Bowen therapy</b> can be used to treat musculoskeletal or related neurological problems including acute sports injuries and chronic or organic conditions.</i>
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