Forestdale Community Business Directory



October 2018 Edition

Useful Community Contacts

Community Services

Energex (power outages)

www.energex.com.au/home/power-outages | 13 62 62

Queensland Urban Utilities (water leaks on pavements/roads)

www.urbanutilities.com.au/faults-and-interruptions/report-a-leak 13 23 64

Justice of the Peace		
Jennifer Kennedy	Laurie Lee	Rochelle Malmsheimer
07 3800 3013	0409 495 905	0410 449 395
kevjen7754@gmail.com	07 3809 4774	07 3800 6447
	boblee7@bigpond.com	rochelle@dreamescapes.com.au

Bush Telegraph

Jenny Wade jennifer@jjfoodbrokers.com.au

Email update service for Forestdale

Our Forestdale Community Facebook Group (closed group)

www.facebook.com/groups/379713825469322/

Forestdale NHW Facebook Page

www.facebook.com/ForestdaleNHW

Police Link (non-emergency) Browns Plains Station 07 3802 7100 www.police.qld.gov.au 13 14 44

www.facebook.com/QueenslandPolice

Use for assistance in non life threatening situations. Always call **Triple Zero** in an emergency

Chair & Table Hire

Grace Zanchetta

0438 115 173

\$1 per chair and \$2 per table For use in Forestdale only Pick up only - no delivery available

Council Services

Division 7 Logan City Councillor

Cr Laurie Smith 0411 869 115 07 3412 5507

LaurieSmith@logan.qld.gov.au

Animal Management Centre (LCC)

213 Queens Road, Kingston Qld 4114

07 3412 5397 council@logan.qld.gov.au

www.logan.qld.gov.au/facilities-and-recreation/animals

The Animal Management Centre, impounds stray and wandering animals and surrendered pets as part of Council's urban animal management program.

Wheelie Bins & Recycling

http://www.logan.qld.gov.au/environment-water-and-waste/waste-and-recycling/wheelie-bins

Emergencies

Fire, Ambulance, Police	000	
Energex - fallen power lines	13 19 62	
Gas leaks & emergencies	1800 GAS LEAK (427 532)	
Poisons Information Centre 13 11 26		
www.qld.gov.au/emergency/safety/poisons		

Government Services

Member of State Parliament - Algester Electorate

Leeanne Enoch MP 07 3737 2110

algester@parliament.qld.gov.au http://leeanneenoch.com

www.facebook.com/leeanneenochmp

Shops 3 & 4, 137 Parkwood Drive, Heathwood

Leeanne Enoch is the local MP for Algester and Queensland's Minister for Environment and the Great Barrier Reef, Minister for Science, and Minister for the Arts

Weather Radar & Updates

www.bom.gov.au/qld 1300 659 219

Traffic Incident Alerts

https://qldtraffic.qld.gov.au 13 19 40

TMR (for traffic light faults)

07 5561 3800 (manned 24/7)

Wildlife

Wildlife Carers	Karen Rea	0412 665 297	
wilding Carers	Rebel	07 3800 9961	
Koala Ambulance	0412 429 898	07 3299 1032	
www.ehp.qld.gov.au/wildlife/koalas/care/koala-ambulance.html			
Snake Catcher 24hrs / 7 days	Bryan	0413 028 081	
www.snakecatchers.com.au	Steph	0421 455 077	

Forestdale Committee 2017/2018

Area Coordinator	Jocelyn Marentis	0438 781 003
Deputy Area Coordinator	Greg Broad	0431 708 075
Treasurer / Newsletter	Angela Arkadieff	0406 751 429
Secretary	vacant	

Forestdale NHW Inc



www.forestdale.org.au



info@forestdale.org.au



www.facebook.com/ForestdaleNHW

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Aikido Yoshinkan Southside Dojo Activities

Location 55 Scribner Ave, Forestdale

Contact Name Richard or Miki Diehm Mobile 0400 794 393

Contact Name Mobile

Email Address <u>richard.diehm@gmail.com</u> Office

Website https://aikidoyoshinkan.info

Facebook Page <u>www.facebook.com/YoshinkanSouthside</u>

Martial Arts

Australian Rocketry Activities

Location 34 Blyth Court, Forestdale

Contact Name Blake Nikolic Mobile 0488 847 878

Contact Name Mobile

Email Address info@ausrocketry.com.au Office 07 3333 1655

Website https://ausrocketry.com.au

Facebook Page <u>www.facebook.com/ausrocketry</u>

Rocketry products for consumers and education

Brisbane International Bonsai School Activities

Location n/a

Contact Name Tony Bebb Mobile 0438 452 105

Contact Name Mobile

Email Address tonybebb@bigpond.com Office

Website n/a

Facebook Page www.facebook.com/Brisbane-International-Bonsai-School-282207551911421

Byrne It Up - Ink, Paper, Stamps Activities

Location 237 Forestdale Drive, Forestdale

Contact Name Kym Byrne Mobile 0412 072 433

Contact Name Mobile

Email Address dkbyrne@tpg.com.au Office 07 3800 0709

Website <u>www.kymbyrne.stampinup.net</u>

Facebook Page www.facebook.com/kymbyrneink

Papercraft classes - cardmaking and scrapbooking/memory keeping. Day and evening classes. No experience needed, Come along for a cuppa and see what it's all about, learn

something new. First class is free

Forestdale Golf Club Activities

Location Various

Contact Name Bruce Leggatt **Mobile** 0481 994 069

Contact Name Mobile

Email Address <u>leggattbruce@gmail.com</u> Office

Website <u>www.forestdalegolf.com</u>

Facebook Page n/a

The Forestdale Social Golf Club plays at a variety of golf courses around Brisbane and the Gold Coast fortnightly from January to November. Our small committee organises the games and provides a comprehensive Game Schedule. All you have to do is turn up at the nominated time. No expensive membership fees of joining a golf club.

The Fun Spaceship (Indoor Playground)

Activities

Location 130-138 Waller Rd, Heritage Park

Contact Name Jean Ker Mobile

Contact Name Mobile

Email Address info@adamandnoahcollege.com.au Office 07 3054 1054

Website www.funspaceship.com.au

Facebook Page www.facebook.com/HP-Entertainment-Centre-116674109037620

Indoor Playground (commercial) opened for private bookings

Heritage Park Entertainment Centre Activities

Location 130-138 Waller Rd, Heritage Park

Contact Name Jean Ker Mobile

Contact Name Mobile

Email Address info@adamandnoahcollege.com.au Office 07 3054 1054

Website <u>www.hpentertainmentcentre.com.au</u>

Facebook Page www.facebook.com/funspaceship

Entertainment Centre with stage and PA system suitable for weddings, workshops, parties,

birthday parties, functions private and corporate

Kindermusik with Jillian Nicol Activities

Location 129 Browns Plains Road, Browns Plains

Contact Name Jillian Nicol Mobile 0418 987 957

Contact Name Mobile

Email Address musiceducation@optusnet.com.au Office 07 3806 8011

Website <u>www.kindermusikwithjillian.com.au</u>

Facebook Page www.facebook.com/kindermusikwithjillian

Early Childhood Music Program. Classes for ages Newborn to 7 years.

Margaret J Clough **Activities**

Location 29 Feather Close, Forestdale

Margaret Clough Mobile 0419 661 105 **Contact Name**

Contact Name Mobile

mjclough@bigpond.com **Email Address Office** 07 3800 1109

Website n/a Facebook Page n/a

Elite Level artistic roller skating coach, coaching all levels of artistic skating from beginner to World Class with proven track record at World Championships. Elite coaches are the highest qualified coaches in this sport in Australia. Based at: Revolutions Roller Sports Club Inc. Digi Roller Skating Rink, 40-44 Johnson Road, Hillcrest

Music Education Centre Activities

Location 129 Browns Plains Road, Browns Plains

Mobile 0432 937 766 **Contact Name** Gavin and Jillian Nicol

Contact Name Mobile

musiceducation@optusnet.com.au **Office** 07 3806 8011 **Email Address**

Website www.musiceducationcentre.com.au

www.facebook.com/musiceducationcentre Facebook Page

Music School. Private Music Lessons for Kids Teens and Adults. Singing, Piano, Guitar, Bass, Drums, Clarinet, Saxophone, Flute, Violin, Trumpet, Trombone. Adult Choir every Friday Night. Kindermusik Classes for Newborn to 7 years.

Activities Susan's Quilting Shed

Location n/a

Mobile 0411 139 943 **Contact Name** Susan Brav

Contact Name Mobile susanjbray@hotmail.com Office **Email Address**

Website n/a Facebook Page n/a

Long arm quilting and patchwork lessons. Can supply wadding for your quilt

Pacific Tyrepower Slacks Creek Automotive

49 Moss St, Slacks Creek Location

Contact Name Mark Manners Mobile

Contact Name Mobile

Email Address slackscreek@tyrepower.com.au **Office** 07 3208 1400

Website www.tyrepower.com.au

www.facebook.com/Tyrepower-Slacks-Creek-280047042016231 Facebook Page

Automotive Tyres and Balancing including Bus/Truck, (Not Motorbike) Servicing and

Mechanical Repairs

Pedders Suspension Automotive

Location 34 Moss St, Slacks Creek

Contact Name Brian & Michelle Harley Mobile

Contact Name Mobile

Email Address slackscreek@pedders.com.au Office 07 3808 2073

Website www.pedders.com.au

Facebook Page www.facebook.com/PeddersSuspension

Brake, Steering and Suspension specialists. GVM upgrades. Federally approved.

Vanquip Automotive

Location 22 Dividend Street, Mansfield

Contact Name Peter Virgulti Mobile 0417 212 821

Contact Name Mobile

Email Address peter@vanquip.com.au Office 07 3343 4566

Website www.vanquip.com.au

Facebook Page <u>www.facebook.com/Vanquip</u>

TOWBARS - BULLBARS - ROOF/LADDER RACKS - VAN SHELVING - CARGO BARRIERS - DRAWER SLIDE SYSTEMS - CHILD RESTRAINTS - VAN WINDOWS - EXTRA SEATING -

COMPLIANCING - REV CAMERAS - GPS TRACKING & SECURITY

Bee Keeper Bee Keepers

Location n/a

Contact Name Paul Appleyard Mobile 0402 549 280

Contact Name Mobile

Email Address clearoceans@iprimus.com.au Office

Website n/a

Facebook Page n/a

Honey and Bee Swarm Removal

Pure Forestdale Honey Bee Keepers

Location n/a

Contact Name Peter Anderson **Mobile** 0409 597 316

Contact Name Mobile

Email Address Office 07 3800 3562

Website n/a

Facebook Page n/a

Honey sales and bee swams

Casada Constructions Building & Construction

Location n/a

Contact Name Martin Adams Mobile 0408 318 236

Email Address casadaconstructions@bigpond.com.au Office

Website www.casadaconstructions.com.au

Facebook Page www.facebook.com/casadaconstructionandbuilding

Renovations, extensions, new homes

Catchpole Building Services Building & Construction

Location 58 Abbey Street Forestdale

Contact Name Mark Catchpole Mobile 0417 741 135

Email Address mark.cbs@bigpond.net.au Office 07 3800 1262

Private Building Certifier/ Building Consultant

Green Design & Drafting Building & Construction

Location Crannock Court, Forestdale

Contact Name Gary Green Mobile 0421 125 144

Email Address greendesign@dodo.com.au Office 07 3809 3424

Building design & drafting for new homes, additions, decks, patios, granny flats, 3D

perspectives.

Hi Tech Projects – Quality Builders Building & Construction

Location Unit 11/59-63 Eastern Road, Browns Plains

Contact Name Mitch Hawkins Mobile 0437 930 399

Email Address info@hitechprojects.com.au Office

Website <u>www.hitechprojects.com.au</u>

Facebook Page www.facebook.com/htpbuilding

Hi Tech Projects has a broad range of experience working with both public and private organizations. Specializing in commercial, residential, education, retail and custom fit out projects. Hi Tech Projects has completed high-end residential homes, new housing, and renovations to complete custom refurbishments.

Schelberg Constructions

Building & Construction

Location 9 Robin Court, Forestdale

Contact Name Steven Schelberg Mobile 0407 695 566

Email Address admin@schelbergconstructions.com.au Office 07 3800 4070

Website www.schelbergconstructions.com.au

Home & Pool Builder

Shed Building / Demolition Building & Construction

Location n/a

Contact Name Zoltan or Dani Kiss Mobile 0407 733 444

Contact Name Mobile

Email Address idjos@bigpond.com Office

Website n/a
Facebook Page n/a

Specialising and licensed for Titan Sheds

Virtus Homes Building & Construction

Location Unit 11/59-63 Eastern Road, Browns Plains

Contact Name Mitch Hawkins Mobile 0437 930 399

Contact Name Mobile

Email Address mitch@virtushomes.com.au Office

Website www.virtushomes.com.au

Facebook Page <u>www.facebook.com/virtushomes</u>

At Virtus Homes, we believe excellence in design makes life better. Our homes are architecturally designed to be liveable and beautiful, with clean lines and simple styling. Enjoy an easy, hassle-free build with a company you can trust.

Gerhard's Cabinets & More Cabinet Making

Location Lionheart Street, Forestdale

Contact Name Gerhard or Inge Mobile 0421 969 143

Contact Name Mobile

Email Address <u>gfussi@bigpond.com</u> Office 07 3800 6367

Website n/a
Facebook Page n/a

We supply and install kitchens, wardrobes, laundry cabinets and many more. We also install flat pack kitchens (Kaboodle, IKEA and others). Refurbishments are welcome too

Adam & Noah Early Learning College Childcare Services

Location 130-138 Waller Rd, Heritage Park

Contact Name Jean Ker Mobile

Contact Name Mobile

Email Address info@adamandnoahcollege.com.au Office 07 3054 1054

Website www.adamandnoahcollege.com.au

Facebook Page www.facebook.com/adamandnoahcollege.com.au

Childcare, Vacation Care, Before and After School Care, Soccer Club

Guppy's Early Learning Centre Childcare Services

Location 1-13 Forestdale Drive

Contact Name Rebecca Kearney Mobile

Contact Name Mobile

Email Address forestdale@guppys.com.au Office 07 3800 4055

Website www.quppys.com.au

Facebook Page <u>www.facebook.com/guppyselc</u>

Guppy's Early Learning Centre is a Long Day Care Service in Queensland. Our vision is to

provide exceptional childcare through personalised service.

Grubless Property Services Cleaning

Location Forestdale

Contact Name David Thomsen Mobile 0421 707 304

Contact Name Mobile

Email Address admin@grubless.com.au Office 07 3800 8824

Website www.grubless.com.au

Facebook Page www.facebook.com/Grubless

Commercial cleaning

Elliott & Fyfe Concrete Cutting Service Concrete Cutting

Location 11 Feather Close, Forestdale

Contact Name Shaun McCabe Mobile 0411 554 737

Contact Name Mobile

Email Address elliottandfyfe@bigpond.com Office 07 3806 9100

Website www.elliottandfyfe.com.au

Facebook Page n/a

Concrete Cutting Service

Fast Cut Qld Pty Ltd Concrete Cutting

Location n/a

Contact Name Rob East Mobile 0414 756 052

Contact Name Mobile

Email Address <u>rob@fastcut.com.au</u> Office 07 3265 6537

Website www.fastcut.com.au

Facebook Page n/a

Concrete Cutting

TWT Concrete Pumping Concrete Pumping

Location

Contact Name Brendan Boyd Mobile

Contact Name Lisa Boyd Mobile 0404 444 274

Email Address twtconcretepumping@live.com.au Office

Website

Facebook Page

We pump footings, slabs, driveways, paths, blockfill, and specialise in Exposed Aggregate. Domestic and Commercial work

ADR Electrical Electrician n/a Location **Contact Name** Mobile 0411 243 355 Allan Dunkley **Contact Name Mobile** adrelectrical@bigpond.com Office **Email Address** Website n/a Facebook Page n/a

AJ's Electrical Electrician

Location 7 Sheriff Street, Forestdale

General electrical maintenance, TV antennas

Contact Name AJ Mobile 0419 647 823

Contact Name Mobile

Email Address <u>ajselect@bigpond.com</u> Office

Website n/a
Facebook Page n/a

All electrical needs, ceiling fans, power points etc, new house construction & commercial

work.

FIXZIT - Belby Electrical Services Pty Ltd Electrician

Location Unit 1 / 101 Jijaws Street, Sumner Park

Contact NameMark SlaterMobile 0423 002 260Contact NameKaren SlaterMobile 0411 026 996Email Addressbelby@fixzit.com.auOffice 07 3279 2888

Website www.fixzit.com.au

Facebook Page www.facebook.com/FixzitTradeServices

Domestic Installation and Repairs, Refrigeration/Air-conditioning Installation/Repairs, Electrical Switchboard Upgrades, Emergency/Exit Lighting & Smoke Alarms, Test and Tag, Safety/Pre-Purchase Inspections. All Forestdale Residents receive \$35.00 Discount

Porta-Sift Industries Equipment Hire & Sales

Location n/a

Contact Name Peter Morgan **Mobile** 0490 974 395

Email Address portasift@outlook.com Office

Website <u>www.portasift.com.au</u>

YouTube www.youtube.com/channel/UC9wB0foV6aP-szkwn5VEypw

Porta-Sift Industries distributes small automatic soil and compost sieves. The ROTA-SIFTER® portable electric powered rotary sieve will save you hours of back-breaking work turning rocky dirt into clean topsoil.

Forestdale Tax Agents Financial Services

Location n/a

Contact Name Patrick Furlong Mobile 0414 251 323

Email Address info@foundationfs.com.au Office 07 3118 5847

Website n/a
Facebook Page n/a

Taxation services to businesses, tradies & individuals; Bookkeeping service; Assistance

with MYOB & Xero

Loan Gallery Finance Pty Ltd Financial Services

Location n/a

Contact Name Belinda Mostert Mobile 0438 732 149

Email Address <u>belinda.mostert@loangallery.com.au</u> Office

Website www.loangallery.com.au

Facebook Page www.facebook.com/BelindaFinance

I offer services for a wide range of finance options, including: Residential Home | First Home Buyer | Renovation | Investment | Business Commercial | Refinancing | Vacant Land | Debt Consolidation | Debtor Finance | SMSF Lending | Vehicle & Equipment Finance | Deposit Bonds | Insurances

Torque Money Financial Services

Location Unit 20/8 St Jude Court, Browns Plains

Contact NameRyan McQuiltyMobile 0418 725 237Email Addressryan@torquemoney.com.auOffice 1800 850 730

Website www.torquemoney.com.au

Facebook Page www.facebook.com/TorqueMoney

One stop shop for all Car, Truck, Bike, Trailer, Marine & Equipment Financing needs. We can even assist finding your new Vehicle for you.

Lawn Mowing & Garden Services Gardening & Mowing

Location n/a

Contact Name Darren Berry Mobile 0419 701 109

Email Address gardensandlawns@yahoo.com.au Office

Website n/a
Facebook Page n/a

Affordable lawn mowing, gardening and small tree lopping

Pete's Garder	ning & Maintenance Services	Gardening & Mowing
Location	n/a	
Contact Name	Peter	Mobile 0449 501 927
Contact Name		Mobile 0449 501 710
Email Address	pat randall@iprimus.com.au	Office 07 3809 3311
Website	n/a	
Facebook Page	n/a	

RG Lawn Care	e Services	Gardening & Mowing
Location	18 - 22 Creekside Court, Forestdale	
Contact Name	Rachael Gerhardt	Mobile 0412 100 582
Contact Name		Mobile
Email Address	rae_rulz2000@yahoo.com	Office
Website	n/a	
Facebook Page	n/a	
Lawn mowing		

Brisbane Gate	es	Gates & Fencing
Location	Forestdale	
Contact Name	Michael	Mobile 0411 519 685
Contact Name		Mobile
Email Address	sales@brisbanegates.com.au	Office
Website	www.brisbanegates.com.au	
Facebook Page	n/a	
Supply & Installation of custom Gates, Fencing and Automation of Gates		

Aztec Screens	5	Glazing
Location	n/a	
Contact Name	Helen Kelly	Mobile
Contact Name		Mobile
Email Address	enquiries@aztecscreens.com.au	Office 07 3800 7351
Website	www.aztecscreens.com.au	
Facebook Page	n/a	
Aztec Screens manufacture, supply and install a wide range of security windows, doors and		

Frog Glass Pty Ltd Glazing

Location 5/15 Overlord Place, Acacia Ridge

Contact Name Peter Carmichael **Mobile** 0411 875 652

Contact Name Mobile

Email Address info@frogglass.com.au Office 07 3272 1644

Website www.frogglass.com.au

Facebook Page www.facebook.com/FrogGlassBris

Supply, installation and repairing/re-glazing of aluminium doors, windows, shower screens, balustrades, glass pool fencing, security doors and screens, and kitchen splashbacks

AVON Consultant Hair / Beauty

Location n/a

Contact Name Joanne Grossman Mobile

Contact Name Mobile

Email Address joanne grossman@hotmail.com Office 07 3800 5887

Website n/a

Facebook Page n/a

Embellish Makeup and Tanning Hair / Beauty

Location 19-23 Boyd Court, Forestdale

Contact Name Lisa Boyd Mobile 0409 519 861

Contact Name Mobile

Email Address lisacoates_makeupartist@yahoo.com.au Office

Website

Facebook Page www.facebook.com/embellishmakeupandtanning

Services include Makeup for all occasions and spray tanning

GlazeMe Hair / Beauty

Location n/a

Contact Name Megan Harris **Mobile** 0404 899 141

Contact Name Mobile

Email Address enquiry@glazeme.com.au Office

Website www.glazeme.com.au

Facebook Page <u>www.facebook.com/GlazeMe.com.au</u>

Online UV nail polish, lamps and accessories. Achieve salon perfect nails without the expensive price tag. GlazeMe is one of Australia's leading online suppliers of UV nail polish.

Salon 61 Hair / Beauty

Location Shop 2/11 Forestdale Drive

Contact Name Leigh Helfert Mobile 0424 136 420

Contact Name Mobile

Email Address leigh@salon61.com.au Office 07 3800 7204

Website www.salon61.com.au

Facebook Page www.facebook.com/SALON-61-306545614855

Hair Salon

MOJO V HAIR Hair / Beauty

Location 62 Dickman Rd, Forestdale

Contact Name Vesna Matkovic Mobile 0402 014 487

Contact Name Mobile

Email Address jvm20207@hotmail.com Office

Website n/a

Facebook Page <u>www.facebook.com/MojoVHair</u>

His and hers Hairdressing Studio. Gifts and Fashion Accessories. Family Friendly Studio

Amz Fitness Health & Wellbeing

Location Huntingdon Street

Contact Name Amy Wiltshire Mobile 0400 553 829

Contact Name Mobile

Email Address info@amzfitness.com.au Office

Website <u>www.amzfitness.com.au</u>

Facebook Page www.facebook.com/AmzFitness

Why is Amz Fitness different, we look at you as an individual and help you work on your goals. Each person is special and unique and we cater your fitness plan to you with no cookie cutter programs.

BodyStart Bowen Health & Wellbeing

Location n/a

Contact Name Yasmin Turner Mobile 0432 944 008

Contact Name Mobile

Email Address yasminturner05@gmail.com Office

Website n/a

Facebook Page www.facebook.com/BodyStartBowen

Bowen is a holistic remedial body **technique** that works on the soft connective tissue (fascia) of the body. **Bowen therapy** can be used to treat musculoskeletal or related neurological problems including acute sports injuries and chronic or organic conditions.

Brita Ella with Scentsy Health & Wellbeing

Location n/a

Contact Name Brita Regan Mobile 0455 599 985

Contact Name Mobile

Email Address britaella@icloud.com Office

Website n/a

Facebook Page www.facebook.com/BritaEllaScentsy

A world of pretty warmers, diffusers, gorgeous oils & wax melts with quality cleaning &

washing products

Doterra Consultant Health & Wellbeing

Location n/a

Contact Name Louisa Ben Moha Mobile 0499 771 115

Contact Name Mobile

Email Address <u>Lhem007@bigpond.com</u> Office

Website n/a

Facebook Page www.facebook.com/Louisas-Natural-Therapies-1013401688870875

Massage Therapist, do Terra Wellness Advocate

Intrinsic Health and Rehab

Health & Wellbeing

Location 1/11 Forestdale Drive, Forestdale

Contact NameJavier Bara (jbara@intrinsichealth.net.au)Mobile 0455 672 272Contact NameTim Douge (tdouge@intrinsichealth.net.au)Mobile 0409 315 826Email Addressenquiries@intrinsichealth.net.auOffice 07 30869595

Website <u>www.intrinsichealth.net.au</u>

Facebook Page www.facebook.com/IntrinsicHealthandRehab

Intrinsic Health & Rehab is an allied health centre in Forestdale. We combine rehabilitation, lifestyle support and wellness prevention to support people of any age, ability, and disability to feel better for longer. Our team of exercise physiologists, physiotherapists and occupational therapist improve lifestyles. Individuals, community groups, and companies have all shared the benefits of our services. Get in touch.

Juice Plus Health & Wellbeing

Location n/a

Contact Name Jillian Nicol Mobile 0418 987 957

Contact Name Mobile

Email Address <u>jillibean2407@hotmail.com</u> Office

Website www.jilliannicol.juiceplus.com.au

Facebook Page n/a

27 different fruits, vegetables & berries to Nourish, Heal & Protect from the inside out. If you would like to have more energy & not feel so tired why not consider a whole food support.

Kymboo Massage N Beauty Health & Wellbeing

Location n/a

Contact Name Kym Baxter Mobile 0433 145 236

Contact Name Mobile

Email Address <u>kymboo96@hotmail.com</u> Office

Website n/a
Facebook Page n/a

Cupping, Remedial, Relaxation \$60/Hr, Micro Dermabrasion, Waxing, Facials and more

Life Activated Health & Wellbeing

Location n/a

Contact Name Rebecca McQuilty Mobile 0410 576 063

Contact Name Mobile

Email Address Rebecca@dreams2reality.com.au Office

Website n/a

Facebook Page www.facebook.com/payitforwardLA

Life Activated is all about activating your life. We provide solutions from health and wellness to personal and business mentoring. We are the distributor of an all natural activating product that will switch on a gene in your body, where your body has the ability to make one million to one antioxidants per second every second, also lowering oxidative stress dramatically and lowering inflammation.

Louisa's Natural Therapies Health & Wellbeing

Location 199 Forestdale Drive

Contact Name Louisa Ben Moha Mobile 0499 771 115

Contact Name Mobile

Email Address Lhem007@bigpond.com Office

Website n/a

Facebook Page www.facebook.com/Louisas-Natural-Therapies-1013401688870875

Massage Therapist, doTerra Wellness Advocate

Queensland Chiropractic Group Health & Wellbeing

Location 3/26 Commercial Drive, Springfield

Contact Name Mark Abreu Mobile

Contact Name Mobile

Email Address info@qldchiropracticgroup.com.au Office 1300 852 652

Website www.gldchiropracticgroup.com.au

Facebook Page www.facebook.com/gldchiropracticgroup

We are a highly skilled team of chiropractors who are dedicated to bringing you the best Chiropractic care possible.

Sit-Rite Health & Wellbeing

Location Broadsword Court Forestdale

Contact Name Brad Miell Mobile 0427 838 089

Contact Name Mobile

Email Address info@sit-rite.com.au Office

Website www.sit-rite.com.au

Facebook Page n/a

Ergonomic office furniture, sit-stand desks, office chairs, all office furniture including book

cases, storage cabinets etc.

Dream Escapes

Location n/a

Contact Name Rochelle Malmsheimer Mobile 0410 449 395

Contact Name Mobile

Email Address rochelle@dreamescapes.com.au Office 07 3800 6447

Website n/a
Facebook Page n/a

Amentco Sunstate Group Home Security

Location 870 Boundary Rd, Coopers Plains

Contact Name Steve Ward Mobile 0418 780 483

Contact Name Mobile

Email Address steve@asgbrisbane.com.au Office 1300 784 763

Website <u>www.sunstatesecurity.c</u>om.au

Facebook Page n/a

We specialise in installation of alarm systems and CCTV, we also provide Access Control and

Nurse Call

Loganholme Security ServicesHome SecurityLocationn/aContact NameShayne AllportMobile 0433 008 878

Contact Name Mobile

Email Address info@loganholmesecurityservices.com.au Office

Website n/a
Facebook Page n/a

Security patrols, guards, alarm responses

Security Solutions (Australasia) Pty Ltd Home Security

Location n/a

Contact Name Shayne Allport Mobile 0408 796 731

Contact Name Mobile

Email Address info@securitysolutionsaustralasia.com.au Office 1300 022 256

Website <u>www.securitysolutionsaustralasia.com.au</u>

Facebook Page n/a

Security patrols, quards, alarm responses, alarm installations

Tupperware Consultant Homewares n/a Location Mobile 0457 122 229 **Contact Name** Krystal Kim **Contact Name** Mobile **Email Address** krystal.kim17@gmail.com Office Website n/a Facebook Page n/a

Nuway		Landscaping
Location	Cnr Stapylton & Johnson Road	
Contact Name	Jason Best	Mobile
Contact Name		Mobile
Email Address	forestdale@nuway.com.au	Office 07 3800 5433
Website	www.nuway.com.au	
Facebook Page	n/a	
Landscape Supp	lies, Pavers & Walls	

Suburban Lav	v	Legal Services
Location	Forestdale and Browns Plains	
Contact Name	Debra Millar LLB	Mobile 0422 310 495
Contact Name		Mobile
Email Address	info@suburban-law.com.au	Office
Website	www.suburbanlaw.com.au	
Facebook Page	n/a	
We are a local fi	rm with over 30 years legal experience s	o why go to the CBD when we are

Brisbane Trade Painters Pty Ltd Painters & Decorators

Location 67 Lionheart St , Forestdale

Contact NameJustin SayMobile 0410 123 205Contact NameKelly SayMobile 0479 035 753

Email Address admin@brisbanetradepainters.com Office 07 3806 7746

Website www.brisbanetradepainters.com

Facebook Page www.facebook.com/brisbanetradepaintersptyltd

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or Śmall

Acacia Ridge Pet Resort Pet Care

Location 102 Sherbrooke Road, Willawong

Contact Name Darrin & Abbey Suter Mobile

Contact Name Mobile

Email Address info@acaciaridgepetresort.com.au Office 07 3372 7674

Website www.acaciaridgepetresort.com.au

Facebook Page www.facebook.com/AcaciaRidgePetResort

Acacia Ridge Pet Resort provides both standard and luxury pet boarding for cats and dogs. Our pet retreat is designed so your pets have a fantastic holiday and you have peace of

mind they're being cared for by responsible, caring pet professionals.

Cats Country Club Pet Care

Location 12-14 Nottingham Court, Forestdale

Contact Name Karenne & Karen Mobile 0412 944 306

Contact Name Mobile

Email Address catscountryclub@optusnet.com.au Office 07 3809 3661

Website <u>www.catscountryclub.com.au</u>

Facebook Page n/a

Cats Boarding Kennel

Forestdale Pet Care Pet Care

Location n/a

Contact Name Cheryl Mobile 0403 950 266

Contact Name Mobile

Email Address <u>zanthura@live.com</u> Office

Website n/a

Facebook Page n/a

Caring for pets in their own home / holiday pet care

Comtech Plumbing and Gas Plumbing

Location Forestdale

Contact Name Darryl Drake Mobile

Contact Name Mobile

Email Address accounts@comtechplumbing.com.au Office 07 3800 9355

Website www.comtechplumbing.com.au

Facebook Page www.facebook.com/comtechplumbing

The plumbing and gas maintenance specialists with over 35 years of tried and trusted

experience.

Dan Stretton Plumbing Plumbing

Location 540 Johnson Road, Forestdale

Contact Name Dan Stretton Mobile 0401 308 777

Contact Name Mobile

Email Address danstretton@gmail.com Office

Email Address danstretton@gmail.com

Website n/a

Website n/a
Facebook Page n/a

Plumbing, Drainage and Gas

GW & LJ Stretton Plumbing and Drainage Plumbing

Location 540 Johnson Road, Forestdale

Contact Name Greg Stretton Mobile 0418 741 714

Contact Name Mobile

Email Address strettonplumbing@hotmail.com Office

Website n/a
Facebook Page n/a

Plumber and Drainer with 40+ years experience. General plumbing and drainage. Septic

trenches - Guttering - Bathroom renovations - Hot Water Systems

All Properties Group Real Estate

Location 1/6 Weber Drive, Browns Plains

Contact Name Jay Aston Mobile 0416 140 227

Contact Name Mobile

Email Address jay.aston@allpropertiesgroup.com.au Office

Website www.allpropertiesgroup.com.au

Facebook Page www.facebook.com/jayastonAPG

Real Estate - buy, sell, rent

Browns Plains Real Estate Real Estate

Location Shop 1, 191/195 Waller Road, Regents Park

Contact Name Neil Giles Mobile 0405 158 449

Email Address neilgiles@brownsplainsrealestate.com.au Office 07 3800 3322

Website <u>www.brownsplainsrealestate.com.au</u>

Facebook Page www.facebook.com/BrownsPlainsRealEstate

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Crafted Property Agents | acreage life Real Estate

Location 3 / 64 Eastern Road, Browns Plains

Contact Name Philip Resnikoff Mobile 0433 324 089

Email Address philip@craftedagents.com.au Office

Website www.acreagelife.com.au

Facebook Page www.facebook.com/acreagelife

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Clifford Signs Signage

Location 25 Nealdon Drive, Meadowbrook

Contact Name Mark Clifford Mobile 0411 709 463

Email Address mark@cliffordsigns.com.au Office 07 3805 6738

Website <u>www.cliffordsigns.com.au</u>

Facebook Page n/a

Signage

CMAK Pty Ltd Specialist Services

Location 29 Feather Close, Forestdale

Contact Name Christopher Clough Mobile 0419 645 423

Contact Name Margaret Clough Mobile 0419 661 105

Email Address info@cmakcrystalimports.com.au Office 07 3800 1109

Website www.cmakcrystalimports.com.au

Facebook Page n/a

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Geological Data Design Specialist Services

Location n/a

Contact Name Tony Shellshear Mobile 0408 152 256

Email Address info@gdd.net.au Office

Website www.gdd.net.au

Facebook Page n/a

Data Management & Design

Wilson Design Drafting Specialist Services

Location n/a

Contact Name Leon Wilson Mobile 0407 167 563

Email Address info@wilsondd.com.au Office

Website www.wilsondd.com.au

Facebook Page www.facebook.com/Wilson-Design-Drafting-406013806417891

Mechanical drafting and design; 3D modelling, conveyors, machinery, detail drawings

Pool Safe Queensland Swimming Pools

Location 35 Archery Street, Forestdale

Email Address <u>jeff.kesby@icloud.com</u> Office

Website <u>www.poolsafeqld.com.au</u>

Facebook Page n/a

Swimming Pool Fence Safety Inspections

South East Tile & Stone Tiling

Location Brisbane, Gold coast, Ipswich

Contact Name Nic Sansom Mobile 0432 961 288

Email Address nic@southeasttileandstone.com.au Office

Website <u>www.southeasttileandstone.com.au</u>

Facebook Page www.facebook.com/Southeasttileandstone

Brisbane based wall and floor tiling company. Skilled in the installation of ceramic, porcelain, glass and natural stone tiles and cladding.

GDE Tree Services

Tree Services

Location 183 McRoyle Street, Wacol

Contact NameBrendan StehbensMobile 0412 876 183Email Addressinfo@gdetreeservices.com.auOffice 07 3271 6411

Website www.gdetreeservices.com.au

Facebook Page <u>www.facebook.com/qdetreeservices</u>

GDE Tree Services is a family owned & operated 100% Treecycle company which was established by Graham Dewitt in 1987. Over the last 30 years, Graham and Keirson Dewitt have built the company to be one of the most reputable and reliable tree service companies whose services are sought after throughout Brisbane and its' surrounding areas. Boasting over 20 staff, three dedicated domestic tree service crews, 24 hour storm response crews, a separate stump grinding specialist, a full time estimator offering "free quotes", and a commercial land clearing crew, we work with Industry professionals to achieve efficiency, professionalism and safety. Call GDE Tree Services, your local vegetation management professionals! FREE QUOTES-FULLY INSURED-30YEARS EXPERIENCE

Ruth Christensen Tutoring

Location Forestdale

Contact Name Ruth Christensen Mobile

Email Address chris10sen@bigpond.com Office

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Browns Plains Veterinary Surgery Veterinary Clinics

Location Shop 5 3276 Mt Lindesay Highway Browns Plains

Contact Name Nigel Thomas Mobile

Email Address bpvetsurgery@bigpond.com Office 07 3800 0369

Website www.brownsplainsvet.com.au

Facebook Page www.facebook.com/brownsplainsvet

Veterinary services – small boutique surgery providing all the vet needs for local pets.

Helping Paws Veterinary Clinic Veterinary Clinics

Location 3688 Mt Lindsay Hwy, Park Ridge (next to Produce Store)

Contact Name Dr Belinda Wright Mobile

Email Address helpingpawsvet@yahoo.com.au Office 07 3297 1005

Website www.localvet.com.au/HelpingPawsVetClinic/meet-our-team.aspx

Facebook Page www.facebook.com/helpingpawsveterinaryclinic

Veterinary services

Park Ridge Animal Hospital Veterinary Clinics

Location 3626-3632 Mount Lindesay Hwy, Park Ridge

Contact Name Nigel Thomas Mobile

Email Address admin@parkridgevet.com.au Office 07 3800 1378

Website www.parkridgevet.com.au

Facebook Page www.facebook.com/Park-Ridge-Animal-Hospital-199766776711994

Veterinary services

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